

# AFJROTC TX-952 CORSICANA HIGH SCHOOL 3701 W. HWY 22 CORSICANA, TX 75110

Phone: (430)-775-6332 or 6331

5 December 2022

## **Drill Meet Invitation and Information Package**

Dear JROTC Instructor:

#### HAVE YOUR CADET COMMANDERS READ THIS SOP!!!!!

- 1. Welcome to the Corsicana Tiger's Invitational Drill Meet. In this package we've tried to provide everything you need to enter and prepare for the meet.
- 2. **Date and Place**. The Corsicana Tigers Invitational Drill Meet will be held on **Saturday, 4 March 2023**, at **Corsicana High School**. Competition starts 0800 1730 Directions to Corsicana High School are attached.
- 3. **Events**. We will have the following events:
  - a. Demilitarized Armed Regulation and Exhibition
  - b. Unarmed Regulation and Exhibition
  - c. First Year Unarmed Regulation
  - d. Male Color Guard
  - e. Female Color Guard
  - f. Mixed Color Guard
  - g. Saber/Sword Regulation
  - h. Male PT
  - i. Female PT
  - **j.** Academic (Must have four cadets for the team.)
  - **k.** Confidence course (Must have four members (Two males and two females.)
- **4. Awards.** Trophies will be awarded for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>,

#### TO WIN THE CHAMPIONSHIP TROPHIES, YOU MUST HAVE PARTICIPATED IN:

Armed Regulation
<b>Unarmed Regulation</b>
Male Color Guard and or mixed
Female Color Guard and or mixed
Male PT
Female PT
Academics

**FOR THE CHAMPIONSHIP TROPHIES, YOU MUST HAVE PARTICIPATED IN: UNARMED and ARMED REGULATION, TWO OF THE THREE COLOR GUARDS**, If you enter one each in the three color guard categories, the top two scores count toward championship trophy. **MALE AND FEMALE PT TEAMS, AND ACADEMICS.** All 1st places will receive 20 points, 2<sup>nd</sup> places 15 points, 3<sup>rd</sup> places 10 points and 4<sup>th</sup> place 5 points for calculating the overall winners.

5. Limits in number of teams. You are limited to <u>ONE TEAM IN EACH CATEGORY</u> which means you may enter a maximum of 13 teams. You may <u>NOT</u> compete more than <u>ONE</u> team in the same event.

#### JROTC Instructor:

#### PLEASE HAVE YOUR CADET COMMANDERS READ THIS SOP!!!!!

#### 6. Basic Guidelines/constraints.

- a. Drill teams (other than PT and the confidence course run team) must have <u>least 10 members</u> to include 1 commander and 9 members. Academic teams will consist of 4 cadets from each school.
   Saber Team must have at the minimum 1 commander and 8 members. There must be an even number of members for the saber arch.
- b. The uncasing and casing of the colors will be done according to Army TC 3-21.5, Paragraph 15-6, a, (1) through (5), b.
- c. Unarmed drill will be judged in accordance with Air Force Manual 36-2203.
- d. Except for the PT teams and Male and Female Color Guards, all drill teams are coed.
- **7. Entry fees.** The fee for each team is \$40.00, except Academics, which is \$25.00. Please make checks payable to Corsicana High School AFJROTC.

#### 8. How to enter.

a. Fill out the entry form, scan and then email it. (Send payment in mail.)

We would like to have all entry fees before the 17<sup>th</sup> of February. However, you may make your payment on the day of the meet if we have a firm commitment from you, and you have notified us that you will bring it with you.

9. Availability of slots and requests for specific competition times. Our biggest constraint is the maximum number of competition slots we can fit in the day. We start precisely at 0800 and finish all events by 1630. After allowing for lunch and breaks for the judges, that gives us a maximum of 24 slots for each event. Also, to keep the schedule realistic, we try to schedule time between a school's events to allow cadets who are on more than one team to make it from one event to another; we try to meet any start and finish time constraints a school traveling a long distance might have; and, finally, we try to fulfill requests for specific event sequencing. We're happy to meet these needs, but as the schedule fills up, it becomes harder. We may not be able to schedule all teams from a late-entering school. Therefore, the sooner you contact us the better. One last thing about the schedule: Because it is tight for some events, it is important that teams show up on time. If your team is late, we may not be able to accommodate them in the event.

### 10. Included in this package are the following:

- a. Drill Meet Entry Form
- b. General Information about the Meet

- c. Competition Rules
- d. Separate Score Sheets for 8 of the 10 events.
- e. PT Statement of Waiver Form (This form is to be used for the confidence course team members too.)
- f. Directions to Corsicana High School
- 11. TX-952 <u>will not</u> compete in this meet. We look forward to providing this competition for <u>your</u> teams as a service and leadership experience for our cadets.
- 12. If you have any questions that we have not answered, please contact us at (430) 775-6331 or 6332 or via email at **ericdugger@cisd.org**. Thank you.
- 13. The Drill Down: Here are the rules to be successful in the drill down at the Tiger Invitational.
  - 1. Don't salute unless you are facing in the direction of the person calling out the commands. This is our thing here at Corsicana started by an old sergeant. Humor him please.
  - 2. There is a command of "hand salute." It is normally used for practice. It is a two-count movement. You present arms and then immediately order arms.
  - 3. If a wrong command is called, such as "order hands," the person calling the commands will not say "As you were." They will proceed to the next command hopefully a correct one.
  - 4. You will be told at the start what you will be referred as. It could be "flight," "squadron," "Group," or "wing."
  - 5. By the numbers is only used for two count movements. If the person calling the commands says, "Ready three," don't move. If it's a one count movement, don't move.
  - 6. We will only use marching moves if we are having a hard time "knocking you out."
  - 7. If at any time you are having a hard time hearing, raise your hand.
  - 8. Be quiet. It makes it difficult for your fellow cadets to hear.
  - 9. Have a good time.

MARK LEE, Major, USAF (Ret) Senior Aerospace Science Instructor

#### CORSICANA TIGERS INVITATIONAL DRILL MEET ENTRY FORM, 4 March 2023

Please indicate the divisions and events you wish to enter, and return the form **NLT 17 February 2023, with the entry fees**, to Corsicana High School AFJROTC, 3701 West Hwy 22, Corsicana TX 75110. Please make checks **payable to Corsicana High School AFJROTC**. TX-952 phone number is 430-775-6331 or 6332.

<b>Demilitarized</b> Division	No. of Teams		Time Requested
Regulation	x \$40	1 <sup>st</sup>	2nd
Exhibition	(Limit 1 team) x \$40		
Exhibition	(Limit 1 team)		
Unarmed Division			
***Regulation	x \$40 (Limit 1 team)		
Exhibition	x \$40		
First year	(Limit 1 team) x \$40		
Saber/Sword Regulation Drill	(Limit 1 team) <b>X \$40</b>		
***Color Guards (At least two.)	Limit 1 team)		
Male	\$40 _		
Female	\$40		
Mixed	\$ 40		
***Physical Fitness (Limit is 2 teams total.)			
Male	\$40		
Female	\$40		
Confidence Course (Team consist of 2 males and 2 female	.)X \$40.0	00	
***Academic Team (Team consist of FOUR cadets	; \$25.00 total.) \$2	5.00	
		Total Entry	Fees Due
Name of School	Telephone # _		
Unit Contact	_ Fax #		
E-mail Address *** Mandatory events to be consider for the cham	Ur	iit Number:	(Ex. TX-952)
*** Mandatory events to be consider for the cham	pionship trophies.		,

CORSICANA TIGERS INVITATIONAL DRILL MEET ENTRY FORM, 4 March 2023
Please indicate the divisions and events you wish to enter, and return the form NLT 17 February 2023, with the entry fees, to Corsicana High School AFJROTC, 3701 West Hwy 22, Corsicana TX 75110. Please make checks payable to Corsicana

**High School AFJROTC**. TX-952 phone number is (430) 775-6332 or 6331.

#### **GENERAL INFORMATION**

- 1. **Registration:** Teams may begin reporting in at 0700, 4 March 2023 at Corsicana High School.
- **2. Dressing Areas: We should have classrooms provided:** Dressing areas might be limited; therefore, we suggest cadets arrive dressed to compete.
- 3. Instructor's and cadet's interaction with judges: There will be NO feedback after the completion of drill routines. None of our judges are drill and ceremony experts. They are simply looking to see if the teams drill with precision and if all commands were covered by the commander of the team. The instructors from each school can provide better feedback to their cadets. We are asking all instructors to please see event staff if there is a problem not the judges. These individuals are volunteers. Please see Maj. Lee or CMSgt Dugger. The judge's scores are final.
- **4. The Academic** portion of the meet will take place in our classroom using the Turning Points system. Cadets must meet in our classroom no later than 1400hrs. We suggest the cadets chosen to compete not be on any other drill team, so they do not feel rushed this is a suggestion only. The test will cover The Bill of Rights, Leadership Traits, Flag, Effective Listening, Grammar, and The Communication Process. At the end of this SOP, you will find information concerning Leadership traits and effective listening.
- 5. Confidence Run/Course: Each school may enter one team composed of two male cadets and two female cadets. The confidence run is like a Raider Run. The event starts with a confidence course of eleven obstacles and finishes with a half mile run, two laps, on a rough track. Some of the obstacles will require you to climb up one side and down the other. Jumping from the top of an obstacle IS NOT PERMITTED. NOTE: If a team member jumps from any obstacle, they will be disqualified and not allowed to complete the competition. We do NOT allow jumping for safety reasons. If a cadet falls off an obstacle, they will receive a 5 second penalty. The judge will time the team as a whole. There will be a start and an end time when the last member of the team crosses the finish line. The teams with the best times, first through third place, will win. Part of the course requires the cadets to do a military crawl. We strongly suggest they dress appropriately to protect their knees & legs. The confidence course consists of a balance beam, three small ladder walls, regular monkey bars, Ninja monkey bars, two tunnels, one run up and climb down wall, a swinging wall, a military crawl, a tire run and, cargo net climb, and finally a litter carry with a dummy weighing approximately 140 pounds.
- **6. PT**: Will consist of push-ups, sit-ups, and relay race. **Please come no later than your scheduled time**. If you fail to arrive by your scheduled time, unless there has been prior notification with the judges, you will not be allowed to compete. Why, you might ask. At most drill meets this is the one areas that seems to delay the completion of the meet. It is our goal to have all teams on the road heading home no later than 1730. If your PT teams are ready ahead of time, they may be able to go sooner.
- 7. FOOD: There will be concessions. You may bring food but please do make sure cadets clean up after each other. Our cadet staff will have a block schedule to receive a lunch.
- **8. AWARDS CEREMONY:** We will try to conduct the awards ceremony by 1600 -1630 if not sooner.

## **COMPETITION RULES**

- 1. Note: Taps cannot be worn when participating at this drill meet period! Drill meet will be indoors.
- 2. **Preparation Area: West** parking lot (in front of the main entrance).
- 3. **Initial Reporting: Five** minutes prior to the designated time for beginning competition, the Team Commander will report to the designated area of competition with his or her team and notify the Head Judge the team is ready for competition. The commander and their team will proceed as directed by the Head Judge. A team may compete early if it is ready, and the judge(s) is(are) available..
- **4. Reporting In:** Each team commander will march their team forward and halt, centered on the Head Judge, face their team to the Judge and report. The report will include the Commander's name, the name of the school, and the team name. Grading will begin when the salute is dropped. Platoon may be substituted for flight.

### **Regulation Drill:**

Judging will begin upon entry and reporting in. Judging will cease when the Team Commander reports out to the Head Judge that the team has completed the Regulation Drill. Judging will be according to Air Force Manual 36-2203. Please note the procedures for giving "Eyes Right" according to AFMAN 36-2203, dated November 2013, paragraph 7.17.8. The emphasis is on holding the salute by the commander until after giving "Ready Front". This is the proper way of executing this command for a "Pass and Review". Normally, the "Eyes Right" will be given during a "Pass and Review" therefore the emphasis on the "Ready Front" procedures.

We have changed the drill sequences for Unarmed and Demil to standardize them and to move the ending point to the same side as the starting point. For armed regulation 15 Count Manual Arms, here's a great video to help instruct the cadets/teams. https://youtu.be/oh2IMfeJ8oQ

Color Guard: When uncasing and casing the colors, The uncasing and casing of the colors will be done according to Army TC 3-21.5, Paragraph 15-6, a, (1) through (5), b. It states that the guards will walk out at a 45-degree angle – they take a half-right and a half-left in marching. The color guard sequence should be done with honor and professionalism – nothing that hints of exhibition type drill should be used. The color guard will march at Quick Time, 100 to 120 steps per minute – not slow time.

- **10. Saber Team**: The last three pages of this SOP will give guidance on the following parts of the routine:
- Ceremonial At Ease
- Commands 30 through 35 dealing with presenting an arch

TX-952 Drill Meet Information Notes – INDOOR Drill Areas

# - No Taps on shoes - many events will be on gym floors.

Event	Location	Dimensions	Notes
DR, DE, and UE	Old Gym	55' W x 79' D	Note 1 below
UR, FYR	Comp Gym	55' W x 94' D	Note 1 below
MCG/FCG/Mixed	Practice Gym	55' W x 60' D	Note 1 below
Saber Reg	Commons	72' W x 55' D	
MPT, FPT	Practice Dome	60 yards x 30 Yards	Note 2 below

**Note 1:** Teams will compete in the order they arrive at the gym. Judges will be told to allow teams to go ahead of their scheduled time if the floor is not currently being used. Therefore, unarmed and 1<sup>st</sup> year unarmed reg teams will use the same area for the competition. We do not see this as a problem due to there not being any feedback after the routine is finished. The competition gym is not as big as other gyms and could require teams to add additional to-the-rears to preclude running into walls. The only boundary breaks will be if the team marches into a wall/obstruction. Judges will be instructed to deduct 5 points from team commander's score for such mistakes. The addition of additional to the rear marches to create room will be allowed without deductions for all events.

**Note 2** PT will be in the covered "Dome". PT will consist of push-ups, sit-ups, and the relay run. There will be separate stations for push-ups and sit-ups, and the run. The run will consist of 50 yards down and back for all 4 team members.

**DATE: 4 March 2023** 

# **First Year Unarmed Regulation**

SCHOOL / TEAM:	JUDGE:	
Grading: All movements scored on a scale of 1 – 5, in 1 A 5-point deduction for each boundary violation. Omitted A 5-second pause should be maintained after executing all Report in/out will be performed inside the drill area bound	d items receive a score of zero.  Il BOLD UPPERCASE COMMANDS.  dary	
1. Enter Drill Area and REPORT IN	18. Forward March	
2. Order Arms	19. To the Rear March	
3. Parade Rest	20. To the Rear March	
4. Attention	21. Column Right March	
5. OPEN RANKS MARCH	22. Forward March	
6. Ready Front	23. Eyes Right	
7. Close Ranks March	24. Ready Front	
8. Present Arms	25. Column Right March	
9. Order Arms	26. Forward March	
10. Parade Rest	27. Change Step March	
11. Attention	28. Column Right March	
12. Left Face	29. Forward March	
13. ABOUT FACE	30. FLIGHT HALT	
14. Forward March	31. Left Face	
15. Right Flank March	32. Right Step March	
16. Left Flank March	33. Flight Halt	
17. Column Right March	34. Report Out	
Column 1 sub total	Column 2 sub total	
	Minus Boundary Violations (5 pts each)	
Commander's Actions: Score each item on 1 – 10 scale.	Routine Total (170 Max)	
1. Entrance and Report In	Summary:	
2. Voice		
3. Bearing	Routine Total (170 points Max)	
4. Positioning	Commander's Total (50 points Max)	
5. Report Out and Exit		
Commander's Total (50 max)	Unarmed Regulation Total (220 Max) First Year Cadets	
Commander's Initials:	Judge's Initials:	

DATE: 4 March 2023

# **UNARMED REGULATION**

SCHOOL / TEAM:	JUDGE:	
Grading: All movements scored on a scale of 1 – 5, in 1 point in	ncrements.	
A 5-point deduction for each boundary violation. Omitted items	receive a score of zero.	
A 5-second pause should be maintained after executing all <b>BOL</b>	D UPPERCASE COMMANDS.	
Report in/out will be performed inside the drill area boundary	31. Flight Halt	
Enter Drill area and REPORT IN	32. Column of Files f/t Right (AF: Fwd March)	
1. Dress Right Dress	33. Flight Halt	
2. Ready Front	34. Column of Threes to the Left March	
3. PARADE REST	35. Column Left March (AF: Fwd March)	
4. Flight (Platoon), Attention	36. Double Time March	
5. PRESENT ARMS	37. Quick Time March	
6. Order Arms	38. Column Left March (AF: Fwd March)	
7. COUNT OFF	39. Close March/Extend March	
8. Right Face	40. Change Step March	
9. Close March	41 FLIGHT HALT	
10. Extend March	42. Column Left March (AF: Fwd March)	
11. Left Face	43. Column ½ Left March	
	44. Column ½ Left March	
12. Open Ranks March (AF: Ready Front)  13. Close Ranks March	45. To the Rear March	
14. Left Step March	46. To the Rear March / Flight Halt	
15. FLIGHT HALT	47. Forward March / Eyes Right	
16. Left Face	48. Ready Front	
17. Right Step March (4 step minimum)	49. Column Left March (AF: Fwd March)	
18. Flight Halt	50. Column Left March (AF: Fwd March)	
19. Four Steps Forward March	51. FLIGHT HALT	
20. About face	52. Forward March	
21. Forward March	53. To the Rear March	
22. Column Right March (AF: Forward March)	54. To the Rear March	
23. Column Right March (AF: Forward March)	55. Half Step March	
24. Column Right March (AF: Forward March)	56. Forward March	
25. Left Flank March	57. Left Flank March	
26. Right Flank March	58 Change Step March / Flight Halt	
27. FLIGHT HALT	59. Report Out	
28. Column Left March (AF: Forward March)	Column 2 sub total	
29. To the Rear March	Column 1 sub total	
30. To the Rear March	Routine Total (300 pts) Max)	
Column 1 sub total Commander's Actions: Score each item on 1 –	Summary	
10 scale.	Summary	
1. Entrance and Report In	Routine Total (300 pts Max)	
2. Voice		
3. Bearing	Commander's Total (50 pts Max)	
4. Positioning	Minus Boundary Violations (-5 pts each)	
5. Report Out and Exit		
Commander's Total (50 pts Max)	Unarmed Regulation Total (350) pts Max)	
Commander's Initials:	Judge's Initials:	

**DATE: 4 March 2023** 

# FEMALE/MIXED COLOR GUARD

SCHOOL / TEAM:	JUDGE:	
Grading: All movements scored on a scale of 1 – 5, in 1 p A 5-point deduction for each boundary violation. Omitted A 5-second pause should be maintained after executing all Report in/out will be performed inside the drill area bound	items receive a score of zero.  BOLD UPPERCASE COMMANDS.	
1. Enter Drill Area - Uncase Colors	16. Ready Front	
2. Report In	17. Left Wheel March (Forward March)	
3. Colors Reverse March (Forward March)	18 Left Wheel March (Forward March)	
4. Left Wheel March (Forward March)	19. Left Wheel March (Forward March)	
5. Colors Reverse March (Forward March)	20. COLOR GUARD, HALT	
6. COLOR GUARD, HALT	21. Report Out	
7. Order Colors		
8. Parade Rest		
9. Color Guard, Attention		
10. CARRY COLORS		
11. Forward March		
11. Right Wheel March (Forward March)		
13. Right Wheel March (Forward March)		
14. Colors Reverse March (Forward March)	Column 2 sub total	
15. Eyes Right	Column 1 sub total	
Column 1 sub total	Routine Total (105 pts Max)	
Commander's Actions: Score each item on 1 – 10 scale, in 1 pt increments.		
1. Entrance and Report In		
2. Voice	Summary	
3. Bearing	Routine Total (105 pts Max)	
4. Positioning	Commander's Total (50 pts Max)	
5. Report Out and Exit	Minus Boundary Violations (-5 pts each)	
Commander's Total (50 pts max)	Female/Mixed Color Guard Total (155 pts Max)	
Commander's Initials:	Judge's Initials:	

**DATE: 4 March 2023** 

# MALE COLOR GUARD

SCHOOL / TEAM:	JUDGE:	
Grading: All movements scored on a scale of 1 – 5, in 1 point incre A 5-point deduction for each boundary violation. Omitted items rec A 5-second pause should be maintained after executing all <b>BOLD</b> Report in/out will be performed inside the drill area boundary	ceive a score of zero.	
1. Enter the Drill Area - Uncase Colors	16. Ready Front	
2. Report In	17. Left Wheel March (Forward March)	
3. Colors Reverse March (Forward March)	18. Left Wheel March (Forward March)	
4. Left Wheel March (Forward March)	19. Left Wheel March (Forward March)	
5. Colors Reverse March (Forward March)	20. COLOR GUARD, HALT	
6. Color Guard, Halt	21. Report Out	
7. Order Colors		
8. Parade Rest		
9. Color Guard, Attention		
10. CARRY COLORS		
11. Forward March		
12. Right Wheel March (Forward March)		
13. Right Wheel March (Forward March)		
14. Colors Reverse March (Forward March)	Column 2 sub total	
15. Eyes Right	Column 1 sub total	
Column 1 sub total	Routine Total (105 pts Max)	
Commander's Actions: Score each item on 1 - 10, in 1 pt increments.	Summary	
1. Entrance and Report In		
2. Voice	Routine Total (105 pts Max)	
3. Bearing	Commander's Total (50 pts Max)	
4. Positioning	Minus Boundary Violations (-5 pts each time)	
5. Report Out and Exit		
Commander's Total (50 max)	Male Color Guard Total (155 Max)	
Commander's Initials:	Judge's Initials:	

**DATE: 4 March 2023** 

# **DEMIL REGULATION**

SCHOOL / TEAM:	JUDGE:	
Grading: All movements scored on a scale of 1 – 5, in 1 point in A 5-point deduction for each boundary violation. Omitted items of A 5-second pause should be maintained after executing all <b>BOLI</b> Report in/out will be performed inside the drill area boundary	receive a score of zero.	
1. Report in	30. To the Rear March	
2. Inspection Arms	31. To the Rear March	
3. Ready, Port Arms (or Port Arms)	32. Flight (Platoon), Halt	
4. Order Arms	33. Port Arms	
5. Dress Right, Dress	34. Column of Files f/t Right, March	
6. Ready, Front	35. Flight Halt	
7. PARADE REST	36. Column of Threes t/t Left, March	
8. Flight (Platoon for Army), Attention	37. Column Left March (Fwd March)	
9. 15-Count Manual Arms	38. Double Time March	
(TC 3-21.5, pages 4 – 10)		
10. Right Face/ Count, Off	39. Quick Time March	
11. Close March	40. Column Left March (Fwd March)	
12. Extend March / Left Face	41. Right Shoulder Arms	
13. Open Ranks March (AF: Ready Front)	42. FLIGHT (Platoon), HALT	
14. Close Ranks March	43. Column Left March (Fwd March)	
15. Left Step March (4 step minimum)	44. Column 1/2 Left March	
16. FLIGHT (Platoon), HALT	45. Column ½ Left March	
17. Left Face	46. To the Rear March	
18. Right Step March	47. To the Rear March / Flight Halt	
19. Flight (Platoon), Halt	48. Forward March / Eyes Right	
20. About Face	49. Ready Front	
21. Right Shoulder Arms	50. Column Left March (Fwd March)	
22. Forward March	51. Left Shoulder Arms	
23. Column Right March (Fwd March)	52. Column Left March (Fwd March)	
24. Column Right March (Fwd March)	53. Change Step March	
25. Column Right March (Fwd March)	54. Left Flank March	
26. Left Flank March	55. Flight Halt	
27. Right Flank March	56. Report Out	
28. FLIGHT (Platoon), HALT	Column 2 sub total (135 pts Max)	
29. Column Left March (Fwd March)	Column 1 sub total (145 pts Max)	
Column 1 sub total (110 pts Max)	Routine Total (280 points Max)	
Commander's Actions: Score each item on 1 – 10 scale.	Summary	
1. Entrance Report In		
2. Voice	Routine Total (280 pts Max)	
3. Bearing	Commander's Total (50 pts Max)	
4. Positioning	Minus Boundary Violations (-5 pts each)	
5. Report Out and Exit		
Commander's Total (50 pts Max)	Armed Regulation Total (330 pts Max)	

Commander's Initials:	Judge's Initials:

**DATE: 4 March 2023** 

# **UNARMED EXHIBITION**

SCHOOL / TEAM:	JUDGE:	
Routine: - All items scored on a scale of 1 – 5 Subtract 1 penalty point for each second - For each missing cadet, subtract 25 p		
Report In     Verbal report in; all movements to enter drill pad & report to     Head Judge		
2. Variety of Movements		
Routine Precision     Exact, flawless, meticulous maneuvers     Teamwork		
5. Routine Composition & Flow Unique & well-constructed w/fitting transitions		
6. Team/Cadet Appearance Uniforms/overall preparation & presentation 7. Use of Drill Area		
Meaningful use of entire drill pad  8. Routine Difficulty		
Routine required much practice to master  9. Report Out		
Verbal report; all moves to report out & exit area  10. Overall Impression Subjective score of entire routine		
	Total Time for Routine	
Routine Score (50 points Max)	Seconds Over or Under Limits	
Minus Time (-1 per sec) Penalty Points	Time Penalty Points	
Missing Cadet (-5 per missing) Penalty Points		
Minus Boundary Violations (-5 pts each time)		
Routine Total		
Commander's Actions: Score each item on 1 – 10 scale.		
1. Bearing	Summary	
2. Positioning	Routine Total (50 pts Max)	
	Commander's Total (20 pts Max)	
Commander's Total (20 max)	Unarmed Exhibition Total (70 pts Max)	

Charmed Exhibition Total (70 pts Max)
Judge's Initials:

**DATE: 4 March 2023** 

# **DEMIL EXHIBITION**

SCHOOL / TEAM:	JUDGE:	JUDGE:		
Routine: - All items scored on a scale of $1-5$ .				
- Subtract 1 penalty point for each se	econd under 5 or over 8 minutes			
- For each missing cadet, subtract 25				
	points from the score.			
1. Report In				
Verbal report in; all movements to enter drill pad & report to Head Judge				
2. Variety of Movements				
3. Routine Precision				
Exact, flawless, meticulous maneuvers				
4. Teamwork				
5. Routine Composition & Flow				
Unique & well-constructed w/fitting transitions				
6. Team/Cadet Appearance				
Uniforms/overall preparation & presentation				
7. Use of Drill Area				
Meaningful use of entire drill pad				
8. Routine Difficulty				
Routine required much practice to master				
9. Handling of the Weapon				
Weapon maneuvers & manipulation look skilled and				
effortless				
10. Report Out				
Verbal report; all moves to report out & exit area				
11. Overall Impression				
Subjective score of entire routine				
Routine Score (55 pts Max)	Total Time for Routine			
• •				
Minus Time (-1 per sec) Penalty Points	Seconds Over or Under Limits			
Missing Cadet (-5 per missing) Penalty	Time Penalty Points			
Points				
Minus Boundary Violations (-5 points				
each)				
D 4 T 1 (55 + 25 )				
Routine Total (55 pts Max)				
Commander's Actions: Score each item	Summary			
on 1 – 10.				
1. Bearing	Routine Total (minus all deductions)			
T. Bearing	Routine Total (minus un acadenons)			
2. Positioning	Commander's Total (20 pts max)			
Commander's Total (20 pts max)	Armed Exhibition Total (75 pts Max)			
Communact 5 10th (20 pts max)	Timed Damondon Total (10 pts 1744)			
Commander's Initials:	Judge's Initials:			

**DATE: 4 March 2023** 

# **Saber/Sword REGULATION**

SCHOOL / TEAM:	JUDGE:	
Grading: All movements scored on a scale of 1 – 5, in 1 point increm A 5-point deduction for each boundary violation. Omitted items recei A 5-second pause should be maintained after executing all <b>BOLD UI</b> Report in/out will be performed inside the drill area boundary	ve a score of zero.	
1. Enter Drill area and Report In	29. Flight, Halt	
2. Draw Sabers	30. Center, Face	
3. PRESENT ARMS	31. Dress Center, Dress	
4. Order Arms	32. Ready, Front	
5. Ceremonial At Ease	33. Present Arch	
6. Attention	34. Order Arch	
7. Right Face	35.Ready, Face	
8. Forward March	36. Forward March	
9. Right Flank, March	37. Column Right March (Fwd march)	
10. Left Flank, March	38. Flight Halt	
11. Column Right March (Fwd march)	39. Left Face	
12. To the Rear, March	40. Right Step March	
13. To the Rear, March	41. Flight Halt	
14. Change Step, March	42 Present Arms	
15. Column Right March (Fwd march)	43. Order Arms	
16. Eyes Right	44. Return Sabers	
17. Ready Front	45. Report Out	
18. FLIGHT HALT		
19. Parade Rest		
20. Flight, Attention	(Platoon may be substituted for flight.)	
21. Forward March		
22. Column Right March (Fwd March)		
23. Left Flank March		
24. Right Flank March		
25. To the Rear March		
26. To the Rear March		
27. Half Step March		
28. Mark Time March		
Column 1 sub total (140 pts Max)	Column 2 sub total (85 pts Max)	
Commander's Actions: Score each item on 1	Column 1 sub total (140 pts Max)	
- 10 scale.	D 4' TE 4 1 (227 4 M )	
1. Entrance and Report In	Routine Total (225 pts Max)	
2. Voice	Commence	
3. Bearing	Summary  Posting Total (225 sts Mass)	
4. Positioning	Routine Total (225 pts Max)	
5. Report Out and Exit	Commander's Total (50 pts Max)	
Commander's Total (50 pts max)	Grand Total (275 pts Max)	

Commander's Total (50 pts max)	Grand Total (275 pts M
Commander's Initials:	Judge's Initials:

4 March 2023

**FEMALE PT** 

SCHOOL / TEAM:	JUD	GE:			
Push-Ups: 0 –4: zero points > 4: 1 point for each push	n-un N	um ]	Points		
Cadet 1	<u>1-up</u> 14	<b>4111</b>			
2					Team
3					Push-up
4					Score
	Total Team Push-up	Points		x 1/4	

Cadet 1					
2					Team
3					Push-up
4					Score
<u>-</u>	Total	Team Push-up	Points	x 1/4	
Sit-Ups: 0 – 19: zero poi					•
> 19: 1 point for	r each sit-up	Nu	ım Po	oints	
Cadet 1					
2					Team
3					Sit-up
4					Score
	Total	l Team Sit-up Po	ints	x 1/4	
				l l	l
Relay: Record time to $\underline{\text{ten}}$ Example: $47.18 = > 47.2$	th of a second:			Team Summary	
Relay Time			Tear	n Push-up Score	
		+			

Relay: Record time to tenth of a second:	Tr. G
Example: $47.18 = > 47.2$	Team Summary
Relay Time	Team Push-up Score
	Team Sit-up Score
Points	Team Run Points
	<b>Total Score</b>
Commander's Initials:	Judge's Initials:

MALE PT 4 March 2023

SCHOOL / TEAM:			JUDGE:				
Push-Ups: 0 – 9: zero p	oints		I				
	oint for each push-up	p N	um Points	;			
Cadet 1							
2							Team
3							Push-up
4							Score
		Total Team Pu	ısh-up Points			x 1/4	
Sit-Ups: 0 – 19: zero po							
> 19: 1 point fo	or each sit-up	Nur	n Points		I	1	1
Cadet 1							-
2							Team
3							Sit-up
4							Score
		Total Team Si	t-up Points			x 1/4	
			<b>1</b>				
Relay: Record time to to	enth of a second:						
Example: $47.18 = > 47.2$					Team Sum		
Relay Time		Team Push-up Score			e		
				Team	Sit-up Score		
Points	Team Run Points						
	L	l		Total Score			
Commander'	s Initials:		Judge's Initials:				

# PHYSICAL TRAINING COMPETITION TO INCLUDE THE CONFIDENCE Course RUN

# PERMISSION and STATEMENT OF WAIVER FOR

## CORSICANA HIGH SCHOOL DRILL MEET

I,, th	ne Parent/Guardian of	,
Printed name of Parent/Guardian	F	Printed name of cadet
hereby grant permission for my son or deportion of the Corsicana High School Department, the United States Air Force, the Corsica and faculty, the JROTC Department, the competition, and all agents and sponsors or daughter during this drill meet.	rill Meet to include, tug of v na Independent School Dist e JROTC instructors, those i	var, and the confidence run. I release rict, Corsicana High School, its staff nvolved in the conduct of the PT
Signature of cadet competitor	date	
Signature of parent / guardian	date	
Signature of JROTC instructor	date	

NOTE:

This form must be completed and turned in before a cadet is allowed to participate in the PHYSICAL TRAINING COMPETITION and Confidence Course Run COMPETITION.

#### DIRECTIONS TO CORSICANA HIGH SCHOOL

Corsicana is located on Interstate 45, about 60 miles south of Dallas and 50 miles north, northeast of Waco. Directions to Corsicana High School are as follows:

## **Coming from the Dallas or Fort Worth area:**

Go south on I45. About 10 miles south of Ennis look for the **Business 45 Exit** to Corsicana. After about 3 ½ miles you'll enter the main part of town. (You'll see a "Welcome to Corsicana" sign at 1<sup>st</sup> Ave.) About ½ mile further you'll see a concrete overpass. Go to the right of this overpass and **turn right** at the traffic light onto **Texas 31 / 7<sup>th</sup> Ave**. Go **2.9 miles** through town, past Navarro College (at about 2.5 miles) and **turn right** at the traffic light onto **45<sup>th</sup> street / Road 2555**. Go through the traffic light at 2<sup>nd</sup> Ave (1/2 mile) and continue for another .9 mile. Corsicana High School is on the right. Turn **right at the Stop sign at Road 744**, and then right into the parking lot.

## **Coming from the <b>Houston area**:

Go north on I45. About 10 miles north of Richland and 5 miles north of Angus, take the **Business 45 Exit** to Corsicana. Half a mile after the road bends to the left you'll see a concrete overpass. Go to the right of this overpass and **turn left** at the traffic light onto **Texas 31** / **7**<sup>th</sup> **Ave**. Go **2.9 miles** through town, past Navarro College (at about 2.5 miles) and **turn right** at the traffic light onto **45**<sup>th</sup> **street** / **Road 2555**. Go through the traffic light at 2<sup>nd</sup> Ave (1/2 mile) and continue for another .9 mile. Corsicana High School is on the right. Turn **right at the Stop sign at Road 744**, and then right into the parking lot.

## Coming from the Waco area:

Take Texas 31 east. About ½ mile past Tiger Stadium (on the right), **turn left** at the traffic light at the next intersection, **45**<sup>th</sup> **street / Road 2555**. Go through the traffic light at 2<sup>nd</sup> Ave and continue for about 1 mile. Corsicana High School is on the right. **Turn right at the Stop sign at Road 744**, and then right into the parking lot.

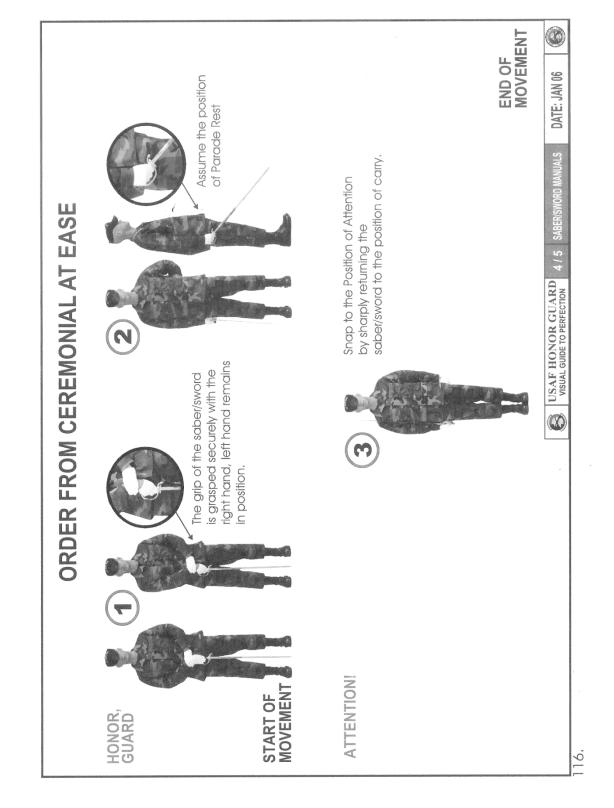
#### **Coming from east of Corsicana:**

Take Texas 31 west, and remain on this road until entering the main part of town. After going under the overpass, go **2.9 miles** through town, past Navarro College (at about 2.5 miles) and **turn right** at the traffic light onto **45<sup>th</sup> street / Road 2555**. Go through the traffic light at 2<sup>nd</sup> Ave (1/2 mile) and continue for another .9 mile. Corsicana High School is on the right. Turn **right at the Stop sign at Road 744**, and then right into the parking lot.

## Coming from the <u>Hillsboro area</u> on Texas 22:

A few miles past Blooming Grove, **turn right at the traffic light, onto Road 744**. The High School is on the left. Continue about 200 yards to the west (front) side of the school, and turn left into the parking lot.

### count 3 is complete, slowly and meets the right hand the left foot will leave the right foot 6 to 8 of the hand, NOTE: Once and joined) lies on top of The left hand repositions straight, not an angle inward or outward in front of the body. Left wraps around the palm **END OF MOVEMENT** hand (fingers extended right hand and thumb right hand lowers with the saber/sword lower the saber/sword in relationship to the body, the thumb saber/sword about 6 inches from the gently resting on the marching surface, DATE: JAN 06 matching surface, Simultaneously, facing outward and the tip of the inches apart and the left hand is placed in the small of the back, On the command of Ease, the fingers extended and joined, USAF HONOR GUARD 3 / 5 SABERISWORD MANUALS VISUAL GUIDE TO PERFECTION palm is to the rear. **CEREMONIAL AT EASE** the body; remaining fingers extended the body. The tip of the saber/sword of the saber/sword is approximately individual will stand fast. surface, the right thumb closest to and joined farthest from the body. The left hand remains in the small with the left and right foot. The tip is directly between and on-line 1-2 inches from the marching the officer/enlisted The saber/sword is positioned to the front and centered on On the prepatory Ceremonial-At, command of CEREMONIAL 1-2 inches) START OF MOVEMENT AT, EASE!



## The Saber Arch: Instructions adapted from the USAF Honor Guard Manual

In order to do this movement, the team must be in two elements, four members per element. There should be no problem considering the team should not be more than 9 members including the commander, as per this SOP.

Prior to the command <u>Center Face</u>, have one element take one <u>right</u> step and the other one <u>left</u> step. This will create the extra space needed to do the arch.

The command <u>Dress Center Dress</u>, calls for the team members to snap their heads down, using their peripheral vision to make small adjustments.

On the command <u>Ready</u>, <u>Front</u>, the team members will snap their heads back up and to the front – looking at each other.

On the command <u>Present Arch</u>, the team members form the arch by extending their right arm, forming a straight line with their arm and saber. The saber is at a 45 degree upward angle. At this point, the commander will be the only one to march through the arch. The commander will then halt, do an about face and then give the next command.

The next command is <u>Order Arch</u>. On this command, the team members will return to the position of order arms.

Finally, the command <u>Ready</u>, <u>Face</u> is given. The team members will face in the direction that will create a column formation in preparation for the next command on the command sheet (Column Right). After facing, the elements will again take one left and right step, the opposite of what they did for Center Face, to close the distance between them. The commander will once again position themselves on their flight in preparation for forward march.

#### **Academic Information:**

**Leadership Traits** Effective leaders have certain distinguishing characteristics, which are the foundation for their approach to the leadership situation. The list of a leader's desirable qualities is virtually endless. While many characteristics (such as truthfulness) are expected of all members of the military profession, there are six traits that are vital to Air Force leaders.

**Integrity**. The total commitment to the highest personal and professional standards. A leader must be honest and fair. Integrity means establishing a set of values and adhering to those values. Former Air Force Chief of Staff General Charles Gabriel said, "Integrity is the fundamental premise of military service in a free society. Without integrity, the moral pillars of our military strength--public trust and self-respect--are lost."

**Loyalty**. A three-dimensional trait which includes faithfulness to superiors, peers, and subordinates. Leaders must first display an unquestionable sense of loyalty before they can expect members of their unit to be loyal. General George S. Patton Jr. highlighted the importance of loyalty saying, "There is a great deal of talk about loyalty from the bottom to the top. Loyalty from the top down is even more necessary and much less prevalent."

**Commitment**. The complete devotion to duty. A leader must demonstrate total dedication to the United States, the Air Force, and the unit. Plato said, "Man was not born for himself alone, but for his country." Dedicated service is the hallmark of the military leader.

**Energy.** An enthusiasm and drive to take the initiative. Throughout history, successful leaders have demonstrated the importance of mental and physical energy. They approached assigned tasks aggressively. Their preparation included physical and mental conditioning which enabled them to look and act the part. Once a course of action was determined, they had the perseverance and stamina to stay on course until the job was completed.

**Decisiveness.** A willingness to act. A leader must have the self-confidence to make timely decisions. The leader must then effectively communicate the decision to the unit. British Admiral Sir Roger Keyes emphasized that, "In all operations a moment arrives when brave decisions have to be made if an enterprise is to be carried through." Of course, decisiveness includes the willingness to accept responsibility. Leaders are always accountable--when things go right and when things go wrong.

**Selflessness.** Sacrificing personal requirements for a greater cause. Leaders must think of performing the mission and caring for the welfare of the men and women in the organization. Air Force leaders cannot place their own comfort or convenience before the mission or the people. Willingness to sacrifice is intrinsic to military service. Selflessness also includes the courage to face and overcome difficulties. While courage is often thought of as an unselfish willingness to confront physical dangers, equally important—and more likely to be tested on a daily basis—is the moral courage a leader needs to make difficult decisions.

General Douglas MacArthur said, "No action can safely trust its martial honor to leaders who do not maintain the universal code which distinguishes those things that are right and those things that are wrong." It requires courage and strength of character to confront a tough situation head-on rather than avoiding it by passing the buck to someone else. These traits are essential to effective leadership.

#### **Effective Listening**

The Difference between Listening and Hearing: Think about the last time you were standing on the corner waiting for a bus. You were listening for the sound it would make as it arrived. The sound would be an important cue. However, if you were hanging out on that same corner with friends, you would be focusing on your conversation with them. A bus might go by, but you would not even notice it. The roar of the bus would just be background noise. You would filter out the engine noise to listen to what your friends were saying. These examples show the difference between listening and hearing. Hearing is continuous, unfocused, and unconscious. Listening is a focused, conscious, hearing activity. Listening is doing something. The Need for Better Listening. Listening is the neglected communication skill. Most people have had instruction in reading, writing, and speaking, but few have had any formal instruction in listening. This void in education and training is especially interesting in light of research showing that most people spend nearly 50 minutes of every waking hour in some form of communication. Of these 50 minutes, 15 minutes are spent reading or writing, 10 minutes talking, and 25 minutes listening. Think of it—people spend half their communication time listening, but few make a concerted effort to be better listeners. For those who do, however, the effort pays great dividends: higher productivity, faster learning, better jobs, more promotions, and improved relationships. In some cases, listening determines people's physical wellbeing—perhaps even whether they live or die. Each hour people are awake they spend 50 minutes communicating: • 15 minutes reading or writing • 10 minutes talking • 25 minutes listening.

The Four Types of Listening You can become a better listener by understanding the four types of listening: • Passive listening • Competitive listening • Active listening • Reflective listening.

**Passive listening** is one-way communication in which the receiver does not provide feedback and may or may not understand the sender's message. Listening to the TV, a radio, or a teacher who does not take questions is passive listening.

Competitive listening takes place when the receiver is not listening closely. You listen only long enough to get what you think is the necessary information. You are already thinking about how you are going to reply. You can hardly wait for a break in the conversation so that you can jump in. Competitive listening occurs when people "talk past" each other in an argument. Neither person is listening to the other.

**Active listening** is genuine, two-way communication. The receiver is paying full attention and thinking about the information. The receiver asks questions if he or she does not understand the sender. Active listening requires you to use effective listening and feedback techniques, including restating, paraphrasing, and asking for clarification. You will learn more about these techniques later in this lesson.

**During reflective listening**, the receiver not only actively listens to the speaker but also tries to interpret the speaker's feelings. It involves the sense of sight as well as of hearing. This is because speakers often express feelings through gestures and body language. Good friends engage in reflective listening. As the speaker or sender, you should try to communicate as clearly as you can. This will help ensure that the receiver understands your message. As an active listener or receiver, you can help the sender by providing feedback and asking for clarification. Do not depend on the sender to do it all. Listen actively and confirm that you understand the message.

**Myths About Listening**. People buy into a number of myths about listening. Below are some of the most common ones. How many of them have you heard before? What argument could you give to someone who believed him or her?

Myth #1: Listening Is Not My Problem People generally overrate themselves as speakers. They assume that their listeners will understand. They need to realize that communication is a two-way street. Both speaker and listener need to work to make communication succeed.

Myth #2: Listening and Hearing Are the Same Hearing is the reception of sound waves by your ears and your auditory nerves. Listening is the interpretation of those sound waves. Listening filters out noise and sounds that are not part of the message.

Myth #3: Good Readers Are Good Listeners Both reading and listening depend on translating sounds into meaning. Because of this shared factor, many people think that good readers are always good listeners. This is not true. Research shows that there is little relationship between the average person's scores for reading and listening. So even if you have trouble with reading, you can still be a good listener. In addition, if you're a great reader, you still might have to polish your listening skills.

Myth #4: Smart People Are Better Listeners Students who score high on intelligence tests do not always do well on listening tests. Smarter students do have the capacity to be better listeners than the average student does. However, a high intelligence may actually interfere with good listening.

Myth #5: Listening Improves with Age the ability to listen and to understand does improve, as people get older. For example, your younger brother or sister probably has a harder time understanding complicated things than you do. However, although listening ability increases the older you get, listening performance declines. Several studies have shown that children are better listeners than adolescents are. Young adolescents are better listeners than older ones. Most people become poorer listeners as they get older. You can tell your parents about that!

Myth #6: Listening Skills Are Hard to Learn Good listening skills are not hard to learn. But applying those skills consistently does take practice.