3rd Annual Cougar Nation Classic AFJROTC Drill Competition 2 March 2019



Standard Operating Procedure (SOP)

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SECTION 1 - OVERVIEW

- **1. PURPOSE.** The purpose of the Cougar Nation Classic JROTC Drill Competition is to provide an opportunity for JROTC Drill Teams to participate in a drill competition and for the cadets of the TX-794 AFJROTC to plan and manage a service event for other programs.
- **2. LOCATION/DATE/TIMES.** The competition will be held at Cooper High School, 3639 Sayles Blvd, Abilene, TX, 79605, on Saturday, 2 March 2019. Competition times will start at 0900 and end with the awards ceremony at approximately 1700.
- **3.** ENTRY FEES. The fee for each team/event is \$35.00. Please make checks payable to "Cooper HS AFJROTC."
- **4. HOW TO ENTER**. Email or call to tell us which teams you will enter. Then complete the enclosed entry form and return it, with a check for your entry fees, as soon as possible, but, NLT the day of competition. Please try to pay your entry fees when you enter. Because we pay almost all of the expenses up-front, it helps us if you do that. However, you may bring payment with you as long as we have a definite commitment from you.
- **5. ARRIVAL.** Schools may begin reporting in at 0730, 2 March 2019 at Cooper High School in the rear foyer of the gym (see competition site map.) Buses may drop off cadets in this corner of the parking lot, but then must circle around to park at the north end of the lot. Cars/SUVs may park in this area as well. Overflow parking will have to park on the curb outside of the parking lot.
- **6. DRESSING/COMMON AREAS.** The Cooper gym male/female locker rooms will be available for cadets to change. Additionally, the Cooper North Cafeteria will be open as a common gathering spot for schools to use. *AFJROTC TX-794*, *Cooper High School and Abilene ISD assume* **no responsibility for lost, damaged or stolen equipment.** Please ensure all personal valuables (i.e. money, cell phones, IPODs, etc.) are secured on buses or with associated school instructors.
- **7. INCLEMENT WEATHER.** This completion will be held regardless of weather conditions. In case of bad weather, we will attempt to move the PT Phase into the gyms/breezeways.
- **8. CONCESSIONS/FOOD.** TX-794 will operate a concession stand until 1500 hours. Additionally, there are several eating establishments within a short drive of the campus.
- **9. COMPETITION DIRECTOR.** The Competition Director is MSgt Ron Deos, <u>ronald.deos@abileneisd.org</u>, office phone 325-691-1000 ext 8382, cell phone 325-864-7591. Questions concerning any portion of this SOP should be addressed to the Competition Director.
- **10. SOP REVIEW AND COMPLIANCE.** It is imperative each team commander and instructor thoroughly review and comply with all rules and procedures contained in this SOP.

<u>SECTION 2 – EVENTS AND GENERAL COMPETITION GUIDELINES</u>

- **1. EVENTS:** The following events will be offered. The specific rules and procedures for each event are outlined in that section of the SOP.
 - a. Inspection
 - b. Unarmed Regulation
 - c. Unarmed Exhibition
 - d. Armed Regulation
 - e. Armed Exhibition
 - f. Male Color Guard
 - g. Female Color Guard
 - h. Sabre/Sword Regulation
 - i. First-year Regulation
 - i. Male PT
 - k. Female PT
 - j. Knock-out Drill (FREE! Does not count toward overall standing.)
- **2. NUMBER OF TEAMS.** Each competing school is limited one team in each event, which means you may enter a maximum of 11 teams. Extra teams WILL NOT be added, even if just for "JV" or "practice." You may not compete more than one team in the same event. Cadets may participate in as many categories as they wish, but they may not participate in the same category more than once. Just so that there is no confusion, for Color Guard and PT (all other teams may be Co-Ed) this means that you may have:
- a. 1 male and 1 female or 1 male and 1 mixed Color Guard Team. You may **not** enter 2 male, 2 female or a co-ed and a female. (As indicated, female and co-ed color guard are the same category.)
 - b. 1 male and 1 female PT team. You **cannot** have 2 male or 2 female teams.

3. GENERAL COMPETITION GUIDELINES.

- a. Drill Manuals. All drill will be judged in accordance with Air Force Manual 36-2903, Drill and Ceremonies with the following exceptions:
 - (1) The manual of arms for armed drill will be judged in accordance with U.S. Army Training Circular 3-21.5, Drill and Ceremonies.
 - (2) All color guard drill, with the exception of the Air Force 24-inch step, will be judged in accordance with U.S. Army Training Circular 3-21.5, Drill and Ceremonies.
 - (3) All sabre/sword drill, with the exception of the Air Force 24-inch step, will be judged in accordance with U.S. Army Training Circular 3-21.5, Drill and Ceremonies and the USAF Honor Guard Training Manual (used to judge ceremonial at ease and sabre arch movements.)

- (4) Terms such as "Team," "Drill Team," or "Platoon" may be substituted for "Flight" in regulation drill events.
- b. Uniform Regulations. With the exception of the Inspection Phase (see inspection phase section for specifics,) all cadet uniform combinations will be at the discretion of the competing team as long as they conform to the HQ AFJROTC Operational Supplement, Paragraph 7.8.1. dated 1 August 2018 or commensurate guidance for other service branches.
 - (1) Cadets participating in PT **must** be in Air Force/Unit PT gear and grooming standards or they will not be allowed to compete.
 - (2) Leather shoes or Corfram shoes are appropriate wear for all portions of the competition with the exception of PT. While Corframs are comparatively easy to maintain, leather shoes will require far more effort to achieve the same appearance. Should Corfram shoes be worn, the judging standard will demand absolute perfection to achieve the same score as a well-maintained leather shoe.
- **4. TEAM COMPOSITION.** If a team does not have the required number of cadets to compete in a category, the following penalties will be applied. Missing one cadet 25 points. Missing two cadets 50 points. Missing more than 2 cadets, team will not be allowed to compete.
 - a. Inspection Phase. Each team MUST have 10 cadets (commander + 9 members.)
- b. Unarmed Regulation and Exhibition Phase. Each team MUST have a MINIMUM of 10 cadets (commander + 9 members.)
- c. Armed Regulation and Exhibition Phase. Each team MUST have a MINIMUM of 10 cadets (commander + 9 members.)
 - d. Color guard. Each team MUST have 4 cadets, NO EXCEPTIONS.
- e. Sabre/Sword Regulation Phase. Each team MUST have 9 cadets (commander + two 4-person elements.)
- f. First-year Regulation Phase. Each team MUST have a MINIMUM of 10 cadets (commander + 9 members.) To qualify as a member of the "1st Year Regulation" team, the cadet must be in their 1st year of JROTC. Their year in high school does not matter. The commander may be no more than a 2nd Year Cadet.
- g. Male/Female PT Phase. Each team MUST have 4 male/female cadets respectively, NO EXCEPTIONS.
 - NOTE 1: Except for PT and Male Color Guards, all teams may be co-ed.
 - NOTE 2: The same cadet may not command both male and co-ed color guards.
- **5. SCHEDULE.** It is very important that each school indicate their anticipated arrival time for the day of the competition on their entry form. The competition schedule will be published approximately 1 week prior to the competition.

- a. There are no "requested" time slots. If a school has a particular order of competition they would like to follow, they should contact the competition director. In keeping the schedule realistic, we will try to schedule time between a school's events to allow cadets who are on more than one team to make it from one event to another. Also, we'll attempt to meet any start and finish time constraints for a school traveling a long distance.
- b. Although not required, it is desired schools make every effort to arrive prior to the first competition time of 0900.
- c. While there will be no penalty for not meeting a scheduled time, any team not ready to perform at their designated time may be moved to another time in the schedule. Any questions or concerns should be directed to the Competition Director.

6. JUDGES AND JUDGING STANDARS.

- a. Judges will be volunteer active-duty service members from Dyess AFB.
- b. All judges will be provided a copy of this SOP and will be thoroughly briefed on the competition rules and standards.
- c. At no time during the competition should a judge be approached by any cadet, instructor, parent or other person from the competing schools. Any questions regarding rules, procedures, judging standards, etc., should be directed to the Competition Director.
- d. All judges decisions will be final. Judges will not confer with each other on scores for any particular movement in a drill sequence, however, they may confer on the matter of penalties such as boundary or time penalties, team composition, etc.
- **7. RERPORTING STATEMENTS.** Reporting statements for all drill events must contain as a minimum the school and team name. Other items may certainly be mentioned but are not required. The verbiage of the report out is left up to the unit but it must make clear the unit has completed their performance.
- **8. USE OF SPORTS NETWORK INTERNATIONAL (SNI) AIR FORCE NATIONAL DRILL MEET INFORMATION.** This document maintains copyrighted materials in use for the Air Force National Drill Championships competition. Permission has been granted by Event Manager, Sports Network International. For event details, training materials or other drill information, please contact SNI Competition Director Justin Gates at: 800-327-9311 / drill@thenationals.net / http://drill.thenationals.net.

SECTION 3 – SCORING AND AWARDS

1. SCORE SHEETS, RUNNERS, SCORE TABULATION CENTER. As each team finishes a phase of competion, the score sheets will be colected by the runners for that area and turned into the score tabulation center. In Score sheets will be mailed to participating schools approximately 1 week after the competition.

2. AWARDS.

a. Awards for each event will be as follows as determined by each team's total points:

Inspection	First, second and third place trophies
Unarmed Regulation	First, second and third place trophies
Unarmed Exhibition	First, second and third place trophies
Armed Regulation	First, second and third place trophies
Armed Exhibition	First, second and third place trophies
Male Color Guard	First, second and third place trophies
Female/Co-ed Color Guard	First, second and third place trophies
Sabre/Sword Regulation	First, second and third place trophies
First-year Regulation	First, second and third place trophies
Male PT	First, second and third place trophies
	Plus medals for the first place team members
Female PT	First, second and third place trophies
	Plus medals for the first place team members
Knock-out Drill*	First, second and third place medals

^{*}Does not count towards overall awards.

b. Overall Awards. To determine placement for the overall awards, scores from each competition area will be added together. The schools with the most total points will be awarded the following trophies.

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1st Place Overall – Grand Champion Trophy
2nd Place Overall – 2nd Place Overall Trophy
3rd Place Overall – 3rd Place Overall Trophy
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c. Schools who do not stay for the awards ceremony may make arrangements for another school to collect their awards or they will be mailed approximately 1 week after the competition.

NOTE: As the host of this event, TX-794 will not compete in this meet. We look forward to providing this competition for **your** teams.

2. TIE-BREAKING CRITERIA.

- a. In the event of a tie in any drill competition area, the following criteria will be used to break the tie.
 - (1) Least Penalties
 - (2) Highest Head Judge Score
 - (3) Total judges score excluding Head Judge
- b. In the event of a tie in a PT competition area, the following criteria will be used to break the tie.
 - (1) Most team pushups
 - (2) Most team Situps
 - (3) Fastest team run time
- c. In the event of a tie in the overall awards, the following criteria will be used to break the tie.
 - (1) School that participated in the higher number of events.
 - (2) Best total finish in Inspection, Unarmed Regulation, and Armed Regulation.

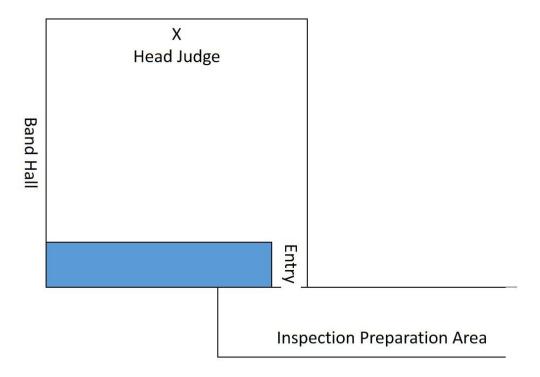
SECTION 4 – INSPECTION PHASE

- **1. GENERAL.** All instructions regarding Flight Inspection rules & regulations will be carried out to the letter to earn a top score. Several procedures have been changed from AFMAN 36-2203 for safety and/or time reasons. Other deviations from this manual will result in lower scores.
- **2. INSPCETION AREA.** Inspection will take place in the band hall. There are no specific boundaries other than centering the team on the head judge.
- **3. UNIFORM.** Cadets are <u>required to wear their service's</u> Regulation Service Dress uniform. For AFJROTC Units, in accordance with the AFJROTC Operational Supplement, the following items/options must be worn on/with the service dress uniform.
- a. Headgear: Required. Flight "garrison" cap only. No other headgear will be authorized for the inspection phase.
 - b. Tie/Neck Tab: Required.
- c. Rank: Required. Officer rank insignia worn on the service dress coat only. Enlisted rank insignia must also be worn on the blue shirt collar.
 - d. Silver Nametag: Required.
 - e. Ribbons: Required.
 - f. Badges: Optional.
 - g. Prohibited: Shoulder cords, ascots, gloves, service caps, striped pants.
- **4. PREPARATION AREA.** While the preceding unit is being inspected, the Cadet Commander will let the event runner know their team is ready and QUIETLY assemble their inspection cadets in the inspection preparation area. As soon as this prior team is finished, spectators should enter the inspection room and turn off all cell phones. At this point, the cadet commander may also very briefly look into the gym to get a feel for the layout.
- **5. REPORTING IN.** The Head Judge will state, "XYZ HIGH SCHOOL, REPORT!" Cadet Commander will then command the cadets into the inspection area centering the unit on the Head Judge. The flight MUST be placed in THREE ELEMENTS of THREE cadets in each. The specific manner of entry is up to the unit but you must finish with three elements. Once inside the room, the Cadet Commander halts the flight and faces them centered. At this point, the Cadet Commander will command, "Open Ranks, March", "Ready Front", execute an About Face, salute, and then verbally Report In to the Head Judge with the unit at attention. NOTE: Cadet Commander WILL NOT MOVE TO CHECK ALIGNMENT DURING INSPECTION.
- **6. INSPECTION PROCEDURES.** After Report-In, the Head Judge will inspect the commander. The Head Judge will then tell the commander, "PRECEED ME through the Inspection". Cadet Commander will follow these instructions and LEAD the Head Judge through

the first rank. The remaining two judges will then step off and begin their Inspection of the other elements. All cadets in ranks should provide a very brief greeting to the Inspection judges when they halt in front of them. An example would be, "Good morning Staff Sergeant, Cadet Phillips ready for your inspection" or similar. When the Head Judge inspects cadet #3 of the 1st squad, the cadet commander is "in space" to the judge's right. The judge then moves to the rear of the 1st squad and at that point the cadet FOLLOWS the head judge. When the judge reaches the end of the rank, both the judge and the cadet commander move directly to their original positions at the front of the formation. The cadet commander then FACES THE UNIT to ensure ALL judges have completed their inspection. **NOTE:** While there will be no specific "military knowledge questions," the judges may engage the cadets in conversation about things such as number of years in JROTC, goals in life, etc. There is no score for "knowledge" although this could affect the cadets "bearing" score.

7. REPORT OUT AND EXIT. Upon seeing all inspection has been completed, the commander then executes "Close Ranks". The commander then initiates About Face, salutes and verbally reports out to the Head Judge. The judge returns the salute and with that, the cadet commander executes About Face, and issues a command for the unit to exit the area (generally a "Column of Files" command to exit.) An extra cadet, parent or team follower moves quickly and quietly to open and hold the exit door (if present) for the team.

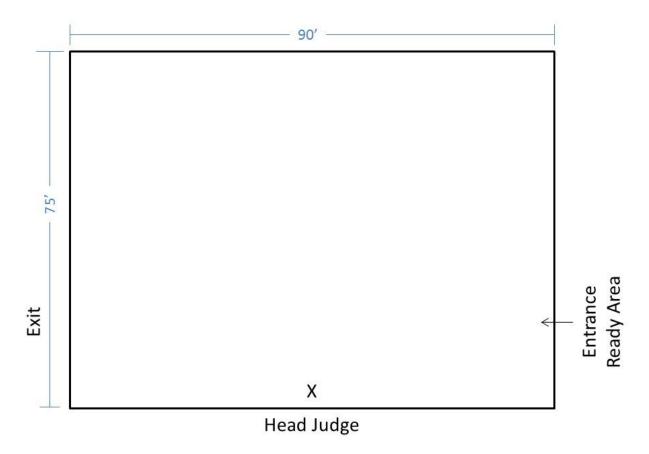
6. INSPECTION AREA LAYOUT.



SECTION 5 – UNARMED REGULATION PHASE

- **1. GENERAL.** All instructions regarding unarmed regulation rules are carried out to the letter to earn a top score. This event will be judged strictly in accordance with AFMAN 36-2203. Any deviations from this manual will result in lower scores. All judging will begin once the first member of the team enters the drill area and will end once the last person of the team has exited the drill area.
- **2. UNARMED REGULATION AREA.** The unarmed regulation phase will take place in the main gym. The Drill Area will be 90' x 75'.
- **3. UNIFORM.** The uniform for the unarmed regulation phase will be at the discretion of the competing team as long as they conform to the HQ AFJROTC Operational Supplement, Paragraph 7.8.1. dated 1 August 2018 or commensurate guidance for other service branches.
- **4. PREPARATION AREA/DRILL PAD ENTRY AND EXIT POINTS.** While the preceding unit is performing, the Cadet Commander will let the event runner know their team is ready and QUIETLY assemble their team in the unarmed preparation area, in the main gym foyer. Both unarmed regulation and unarmed exhibition will be conducted in the same drill area. If a team is performing BOTH unarmed regulation AND unarmed exhibition, they will exit the drill pad immediately after reporting out from exhibition and reform for exhibition. If a team is NOT performing unarmed exhibition, they will exit the drill pad and immediately exit the gym.
- **5. REPORTING IN.** The Head Judge will state, "XYZ HIGH SCHOOL, REPORT!" Cadet Commander will then command the cadets into the unarmed area centering the unit on the Head Judge. The head judge will be standing at a fixed point exactly halfway onto the drill pad, just inside the boundary. The cadet commander should be approximately 3 paces from the head judge when reporting in.
- **6. UNARMED REGULATION PROCEDURES.** All of the Flight Regulation drill movements must be executed from memory, in the order they are listed, using the sequence on the score sheet in accordance with AFMAN 36-2203. The entire sequence must be completed from memory. No external notes or assistance may be used to complete the drill. Any team violating this rule will receive a zero from each judge for all individual graded commands performed after violating this rule. All judges will look for cadence and boundary, movement pause, and other violations.
- **7. REPORT OUT AND EXIT.** Conducted correctly, the unarmed regulation sequence ends with the commander/team facing the same way as when reporting in. After reporting out, the commander will have the team exit the drill pad.

8. UNARMED AREA LAYOUT.



SECTION 6 – UNARMED EXHIBITION PHASE

- **1. GENERAL.** Exhibition routines consist of stationary/marching drill movements that are limited only by the imagination & creativity of the drill unit. HOWEVER, units should remember that this is a military competition with military judges therefore design your routines with good military taste. All judging will begin once the first member of the team enters the drill area and will end once the last person of the team has exited the drill area.
- **2. JUDGING AND SCORING.** Exhibition judging is subjective. Judges are asked to look at the routine mechanics as well as the togetherness, "snap", style and difficulty of the performance. Also, while the degree of difficulty a unit displays is most certainly a consideration, the flawless perfection of a performance cannot be overlooked.
- **3. NO CADET MAY BE LIFTED OFF THE MARCHING SURFACE BY ANY MEANS.** Therefore, all cadets must drill and perform ENTIRELY on the floor. Any cadet who is lifted or otherwise raised off the floor in any manner will cause the judge to immediately move to the team and tell the raised cadet to dismount and the team to leave the floor. The team will also be disqualified from that event at that point. MAKE SURE YOUR CADETS ARE NOT INCLUDING THIS MANEUVER!
- **4. UNARMED EXHIBITION AREA.** The unarmed exhibition phase will take place in the main gym. The Drill Area will be 90' x 75'.
- **5. UNIFORM.** The uniform for the unarmed exhibition phase will be at the discretion of the competing team as long as they conform to the HQ AFJROTC Operational Supplement, Paragraph 7.8.1. dated 1 August 2018 or commensurate guidance for other service branches.
- **6. PREPARATION AREA/DRILL PAD ENTRY AND EXIT POINTS.** After exiting the drill pad from the Regulation Phase, the team will be given a few moments to prepare for exhibition. After performing exhibition, ALL teams will exit the drill opposite of the side they entered on.
- **7. REPORTING IN.** The Head Judge will state, "XYZ HIGH SCHOOL, REPORT!" Cadet Commander will then command the cadets into the unarmed area centering the unit on the Head Judge. If the cadet commander desires the head judge to be in a different position other than centered on the front boundary, they must inform the head judge prior to entering the drill pad.
- **8. UNARMED EXHIBITION PROCEDURES.** The Routine should be derived from basic drill movements nothing that hints as dancing moves or excessive hand slapping professionalism is key. Teams should display their imagination, creativity, pride, and spirit within the content of military bearing.
- **9. TIME REQUIREMENTS.** Time will begin when the reporting salute is dropped and it will end when the team commander reports Exhibition Drill completed. **Routine must be a minimum of five (5) minutes and a maximum of eight (8) minutes.** Teams will be penalized 1 point for each second under or over these time limits.

- **10. REPORT OUT AND EXIT.** The unarmed exhibition routine may end at any point on the drill pad. After reporting out, the commander will have the team exit the drill pad.
- 11. UNARMED DRILL AREA. See paragraph 8 in the unarmed regulation section.

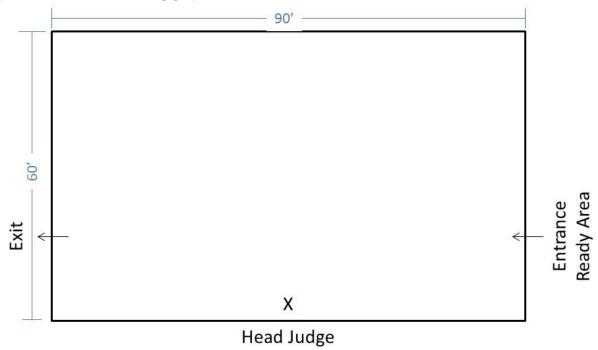
SECTION 7 – ARMED REGULATION PHASE

- **1. GENERAL.** All instructions regarding armed regulation rules are carried out to the letter to earn a top score. The marching for this event will be judged strictly in accordance with AFMAN 36-2203 and weapon handling will be judged strictly in accordance with US Army TC 3-21.5. Any deviations from these manuals will result in lower scores. All judging will begin once the first member of the team enters the drill area and will end once the last person of the team has exited the drill area.
- **2. ARMED REGULATION AREA.** The armed regulation phase will take place in the auxiliary gym. The Drill Area will be 90' x 60'.
- **3. UNIFORM.** The uniform for the armed regulation phase will be at the discretion of the competing team as long as they conform to the HQ AFJROTC Operational Supplement, Paragraph 7.8.1. dated 1 August 2018 or commensurate guidance for other service branches.
- **4. WEAPONS.** Teams may utilize any rifle **regardless of weight** (either demilitarized or facsimile). In either case, the drill rifle must: a) be rendered unfireable by either leading the barrel or removing/maintaining no firing pin, AND b) maintain an adjustable sling. Judges will be STRONGLY instructed they should score EVERY routine granting full points for all movements regardless of weapon weight, however understand judges will fully understand the degree of difficulty present in moving a full weight weapon versus a light facsimile. Armed team cadet commanders MUST either carry a rifle, saber or sword during both regulation and exhibition. It is not permitted for a saber/sword to leave a commander's hand at any time upon entering the drill pad.
- **5. PREPARATION AREA/DRILL PAD ENTRY AND EXIT POINTS.** While the preceding unit is performing, the Cadet Commander will let the event runner know their team is ready and QUIETLY assemble their team in the armed preparation area, to the right of the head judge (see armed area diagram in this section.) Both armed regulation and armed exhibition will be conducted in the same drill area. If a team is performing BOTH armed regulation AND armed exhibition, they will exit the drill pad to the head judge's right (the same side they entered on) and reform for exhibition. If a team is NOT performing armed exhibition, they will exit the drill pad to the head judge's left (opposite of the side they entered on,) to make room for the next team. After performing exhibition, ALL teams will exit the drill area to the head judge's left (opposite of the side they entered on.)
- **6. REPORTING IN.** The Head Judge will state, "XYZ HIGH SCHOOL, REPORT!" Cadet Commander will then command the cadets into the armed area centering the unit on the Head Judge. The head judge will be standing at a fixed point exactly halfway onto the drill pad, just inside the boundary. The cadet commander should be approximately 3 paces from the head judge when reporting in.
- **7. ARMED REGULATION PROCEDURES.** All of the Flight Regulation drill movements must be executed from memory, in the order they are listed, using the sequence on the score sheet in accordance with AFMAN 36-2203 and US Army TC 3-21.5. The entire sequence must be completed from memory. No external notes or assistance may be used to complete the drill. Any

team violating this rule will receive a zero from each judge for all individual graded commands performed after violating this rule. All judges will look for cadence and boundary, movement pause, and other violations.

8. REPORT OUT AND EXIT. Conducted correctly, the armed regulation sequence ends with the commander/team facing the same way as when reporting in. After reporting out, the commander will have the team exit the drill pad.

9. ARMED AREA LAYOUT.



SECTION 8 – ARMED EXHIBITION PHASE

- **1. GENERAL.** Exhibition routines consist of stationary/marching drill movements as well as trick rifle maneuvers that are limited only by the imagination & creativity of the drill unit. HOWEVER, units should remember that this is a military competition with military judges therefore design your routines with good military taste. All judging will begin once the first member of the team enters the drill area and will end once the last person of the team has exited the drill area.
- **2. JUDGING AND SCORING.** Exhibition judging is subjective. Judges are asked to look at the routine mechanics as well as the togetherness, "snap", style and difficulty of the performance. Also, while the degree of difficulty a unit displays is most certainly a consideration, the flawless perfection of a performance cannot be overlooked.
- **3. NO CADET MAY BE LIFTED OFF THE MARCHING SURFACE BY ANY MEANS.** Therefore, all cadets must drill and perform ENTIRELY on the floor. Any cadet who is lifted or otherwise raised off the floor in any manner will cause the judge to immediately move to the team and tell the raised cadet to dismount and the team to leave the floor. The team will also be disqualified from that event at that point. MAKE SURE YOUR CADETS ARE NOT INCLUDING THIS MANEUVER!
- **4. WEAPONS.** Teams may utilize any rifle **regardless of weight** (either demilitarized or facsimile). In either case, the drill rifle must: a) be rendered unfireable by either leading the barrel or removing/maintaining no firing pin, AND b) maintain an adjustable sling. Judges will be STRONGLY instructed they should score EVERY routine granting full points for all movements regardless of weapon weight, however understand judges will fully understand the degree of difficulty present in moving a full weight weapon versus a light facsimile. Armed team cadet commanders MUST either carry a rifle, saber or sword during both regulation and exhibition. It is not permitted for a saber/sword to leave a commander's hand at any time upon entering the drill pad. At no time should rifles be shouldered (as if to simulate firing a weapon,) nor should rifle barrels strike the ground. A 5-point penalty is assessed for each dropped drill rifle during Armed Team Exhibition.
- **5. ARMED EXHIBITION AREA.** The armed exhibition phase will take place in the East Parking Lot. The Drill Area will be 100' x 100'.
- **6. UNIFORM.** The uniform for the armed exhibition phase will be at the discretion of the competing team as long as they conform to the HQ AFJROTC Operational Supplement, Paragraph 7.8.1. dated 1 August 2018 or commensurate guidance for other service branches.
- **7. PREPARATION AREA/DRILL PAD ENTRY AND EXIT POINTS.** After exiting the drill pad from the Regulation Phase, the team will be given a few moments to prepare for exhibition. After performing exhibition, ALL teams will exit the drill opposite of the side they entered on.
- **8. REPORTING IN.** The Head Judge will state, "XYZ HIGH SCHOOL, REPORT!" Cadet Commander will then command the cadets into the armed area centering the unit on the Head

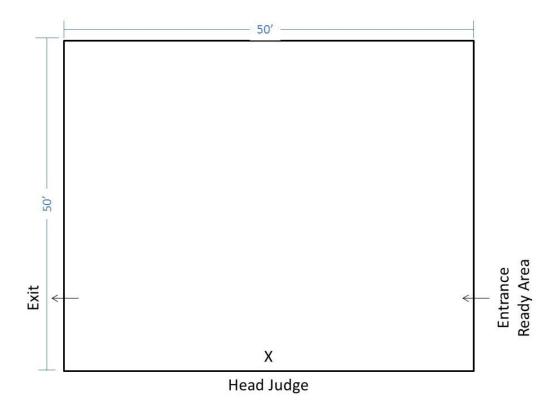
Judge. If the cadet commander desires the head judge to be in a different position other than centered on the front boundary, they must inform the head judge prior to entering the drill pad.

- **9. ARMED EXHIBITION PROCEDURES.** The Routine should be derived from basic drill movements nothing that hints as dancing moves or excessive hand slapping professionalism is key. Teams should display their imagination, creativity, pride, and spirit within the content of military bearing.
- **10. TIME REQUIREMENTS.** Time will begin when the reporting salute is dropped and it will end when the team commander reports Exhibition Drill completed. **Routine must be a minimum of five (5) minutes and a maximum of eight (8) minutes.** Teams will be penalized 1 point for each second under or over these time limits.
- **11. REPORT OUT AND EXIT.** The armed exhibition routine may end at any point on the drill pad. After reporting out, the commander will have the team exit the drill pad.
- **12. ARMED DRILL AREA.** See paragraph 9 in the armed regulation section.

SECTION 9 – COLOR GUARD PHASE

- **1. GENERAL.** All schools **will utilize US Army TC 3-21.5 for all movements and flag uncasing procedures**. Read CAREFULLY EXACTLY what is specified within the TC 3-21.5 and execute as outlined to gain a top score.
- **2. COLOR GUARD AREA.** The color guard phase will take place in south cafeteria. The Color Guard Area will be 50' x 50'.
- **3. UNIFORM.** The uniform for the color guard phase will be at the discretion of the competing team as long as they conform to the HQ AFJROTC Operational Supplement, Paragraph 7.8.1. dated 1 August 2018 or commensurate guidance for other service branches. As outlined within TC 3-21.5, cartridge/pistol belts are REQUIRED equipment as a part of the color guard competition as regs dictate the folded canvas cases are placed **inside** these belts during Uncase Colors.
- **4. PREPARATION AREA/DRILL PAD ENTRY AND EXIT POINTS.** While the preceding unit is performing, the Cadet Commander will let the event runner know their team is ready and QUIETLY assemble their team in the color guard preparation area, to the right of the head judge (see color guard area diagram in this section.) Teams will exit the drill pad to the head judge's left (opposite of the side they entered on,) to make room for the next team.
- **5. REPORTING IN.** The Head Judge will state, "XYZ HIGH SCHOOL, REPORT!" Cadet Commander will then command the cadets into the unarmed area. The color guard will enter the drill pad and execute uncase colors (this may be done at any point on the drill pad.) After uncasing the colors, the color guard commander will command the color guard to a point centering the unit on the Head Judge. The head judge will be standing at a fixed point exactly halfway onto the drill pad, just inside the boundary.
- **6. COLOR GUARD PROCEDURES.** All of the color guard drill movements must be executed from memory, in the order they are listed, using the sequence on the score sheet in accordance with TC 3-21.5. The entire sequence must be completed from memory. No external notes or assistance may be used to complete the drill. Any team violating this rule will receive a zero from each judge for all individual graded commands performed after violating this rule. All judges will look for cadence and boundary, movement pause, and other violations.
- **7. REPORT OUT AND EXIT.** Conducted correctly, the color guard sequence ends with the color guard facing the same way as when reporting in. After reporting out, the commander will have the team exit the drill pad.

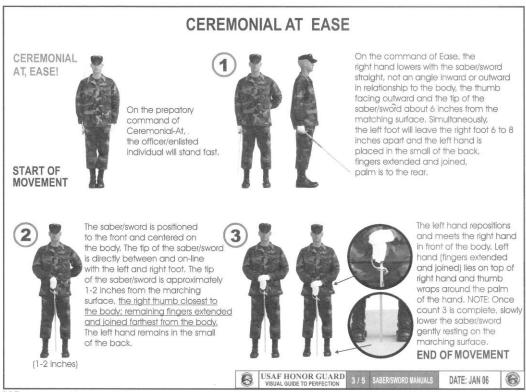
8. COLOR GUARD AREA LAYOUT.



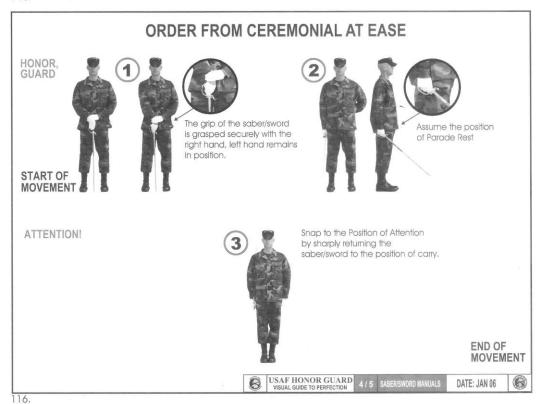
SECTION 10 – SABRE/SWORD REGULATION PHASE

- **1. GENERAL.** All instructions regarding sabre/sword regulation rules are carried out to the letter to earn a top score. This event will be judged in accordance with US Army TC 3-21.5 and the USAF Honor Guard Manual. Any deviations from this manual will result in lower scores. All judging will begin once the first member of the team enters the drill area and will end once the last person of the team has exited the drill area.
- **2. SABRE/SWORD REGULATION AREA.** The Sabre/Sword regulation phase will take place in the gymnastics gym. The Drill Area will be 80' x 55'.
- **3. UNIFORM.** The uniform for the sabre/sword regulation phase will be at the discretion of the competing team as long as they conform to the HQ AFJROTC Operational Supplement, Paragraph 7.8.1. dated 1 August 2018 or commensurate guidance for other service branches.
- **4. PREPARATION AREA/DRILL PAD ENTRY AND EXIT POINTS.** While the preceding unit is performing, the Cadet Commander will let the event runner know their team is ready and QUIETLY assemble their team in the sabre/sword preparation area, gymnastics gym foyer (see sabre/sword area diagram in this section.)
- **5. REPORTING IN.** The Head Judge will state, "XYZ HIGH SCHOOL, REPORT!" Cadet Commander will then command the cadets into the sabre/sword area centering the unit on the Head Judge. The head judge will be standing at a fixed point exactly halfway onto the drill pad, just inside the boundary. The cadet commander should be approximately 6 paces from the head judge when reporting in.
- **6. SABRE/SWORD REGULATION PROCEDURES.** All of the Sabre/Sword Regulation drill movements must be executed from memory, in the order they are listed, using the sequence on the score sheet in accordance with US Army TC 3-21.5 and the USAF Honor Guard Manual. **NOTE: Due to the limited space of this gym, commanders may add additional commands to the sequence without penalty.** The entire sequence must be completed from memory. No external notes or assistance may be used to complete the drill. Any team violating this rule will receive a zero from each judge for all individual graded commands performed after violating this rule. All judges will look for cadence and boundary, movement pause, and other violations.

7. CEREMONIAL AT EASE.



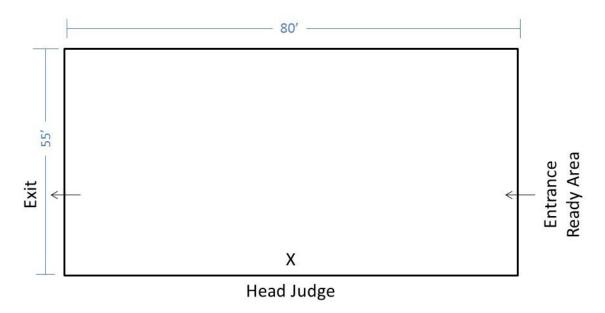
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8. THE SABER ARCH: INSTRUCTIONS ADAPTED FROM THE USAF HONOR GUARD MANUAL.

- a. To do this movement, the team must be in two elements, four members per element. There should be no problem considering the team should not be more than 9 members including the commander, as per this SOP.
- b. Prior to the command <u>Center Face</u>, have one element take one <u>right</u> step and the other one <u>left</u> step. This will create the extra space needed to do the arch.
- c. The command <u>Dress Center Dress</u>, calls for the team members to snap their heads down, using their peripheral vision to make small adjustments.
- d. On the command $\underline{Ready, Front}$, the team members will snap their heads back up and to the front looking at each other.
- e. On the command <u>Present Arch</u>, the team members form the arch by extending their right arm, forming a straight line with their arm and saber. The saber is at a 45 degree upward angle. At this point, the commander will be the only one to march through the arch. The commander will then halt, do an about face and then give the next command.
- f. The next command is <u>Order Arch</u>. On this command, the team members will return to the position of order arms.
- g. Finally, the command <u>Ready</u>, <u>Face</u> is given. The team members will face in the direction that will create a column formation in preparation for the next command on the command sheet (Column Right). After facing, the elements will again take one left and right step, the opposite of what they did for Center Face, to close the distance between them. The commander will once again position themselves on their flight in preparation for forward march.
- **9. REPORT OUT AND EXIT.** Conducted correctly, the sabre/sword regulation sequence ends with the commander/team facing the same way as when reporting in. After reporting out, the commander will have the team exit the drill pad.

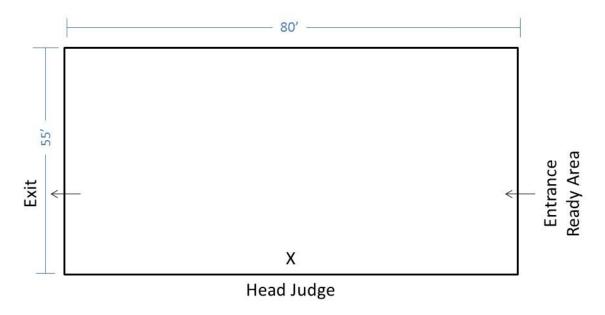
10. SABRE/SWORD AREA LAYOUT.



SECTION 11 – FIRST YEAR REGULATION PHASE

- **1. GENERAL.** All instructions regarding first year regulation rules are carried out to the letter to earn a top score. This event will be judged strictly in accordance with AFMAN 36-2203. Any deviations from this manual will result in lower scores. All judging will begin once the first member of the team enters the drill area and will end once the last person of the team has exited the drill area.
- **2. FIRST YEAR REGULATION AREA.** The first year regulation phase will take place in the gymnastics gym. The Drill Area will be 80' x 55'.
- **3. UNIFORM.** The uniform for the first year regulation phase will be at the discretion of the competing team as long as they conform to the HQ AFJROTC Operational Supplement, Paragraph 7.8.1. dated 1 August 2018 or commensurate guidance for other service branches.
- **4. PREPARATION AREA/DRILL PAD ENTRY AND EXIT POINTS.** While the preceding unit is performing, the Cadet Commander will let the event runner know their team is ready and QUIETLY assemble their team in the first year regulation preparation area, gymnastics gym foyer (see first year regulation area diagram in this section.)
- **5. REPORTING IN.** The Head Judge will state, "XYZ HIGH SCHOOL, REPORT!" Cadet Commander will then command the cadets into the first year area centering the unit on the Head Judge. The head judge will be standing at a fixed point exactly halfway onto the drill pad, just inside the boundary. The cadet commander should be approximately 3 paces from the head judge when reporting in.
- **6. FIRST YEAR REGULATION PROCEDURES.** All of the first year regulation drill movements must be executed from memory, in the order they are listed, using the sequence on the score sheet in accordance with AFMAN 36-2203. The entire sequence must be completed from memory. **NOTE: Due to the limited space of this gym, commanders may add additional commands to the sequence without penalty.** No external notes or assistance may be used to complete the drill. Any team violating this rule will receive a zero from each judge for all individual graded commands performed after violating this rule. All judges will look for cadence and boundary, movement pause, and other violations.
- **7. REPORT OUT AND EXIT.** Conducted correctly, the first year regulation sequence ends with the commander/team facing the same way as when reporting in. After reporting out, the commander will have the team exit the drill pad.

8. FIRST YEAR AREA LAYOUT.



SECTION 12 – PHYSICAL TRAINING (PT) PHASE

- **1. GENERAL.** The PT Phase will be conducted IAW Air Force Instruction 36-2905. Each school participating in the PT portion must enter a four male team **and/or** a four female team. PT events are as follows: Push-ups, Sit-ups, Standing Long Jump, and a 4x100 relay team. The same four cadets must participate in all four events.
- **2. TIMING/ORDER OF PT COMPONENTS.** The four PT components will be conducted in the order listed in paragraph 1 above. There will be a 1-minute rest period between components. All 4 members of the team will perform the push-ups at the same time and the sit-ups at the same time.
- 3. UNIFORM. Cadets may wear either issued military PT uniforms or unit-specific issued uniforms. NOTE: Cadets not meeting grooming standards WILL NOT be allowed to participate.
- 4. PUSH-UPS. The cadet will begin in the starting position with hands slightly wider than shoulder width apart, palms or fists on the floor with arms fully extended and the body in a straight line from head to heel. The feet may be no more than 12 inches apart. The member may rest in the up position only. The cadet may remove their hands or feet from the floor, or bridge or bow their back, but only in the up/rest position. The body should maintain a rigid form from head to heel. The feet may not be supported or braced (e.g., no crossing of the feet). Complete Push-up. From the starting position (elbows extended), the member will lower the body to the ground until the upper arm is at least parallel to the floor (elbow bent at least 90 degrees or less) before pushing back up to the starting position (the chest may touch but not rest on or bounce off the floor). The member completes one full push-up after returning to the starting position with elbows fully extended. Incorrect push-ups (e.g., member does not lower body until upper arm is at least parallel to the floor, member does not fully extend elbows when returning to starting position, body bows at the waist, etc.) will not be counted and the cadet counting will RESTATE THE LAST "GOOD NUMBER" until the competitor properly performs the movement. COMPRESSION SHIRTS OR OTHER "WEIGHTLIFTING" AIDS ARE NOT ALLOWED.
- **5. SIT-UPS.** The cadet's knees will be bent at a 90 degree angle (throughout the assessment), with the feet or heels in contact with the floor at all times. The cadet's arms will be crossed over the chest with the hands/fingers on the shoulders or resting on the upper chest (Army/Navy may lock hands behind the head). **Foot Hold**. The member's heels must remain anchored to the floor throughout the assessment. The member may request to have their feet held down with the hands or by putting knees on feet but the monitor MAY NOT anchor the member's legs by holding onto the calves or stand on the feet during the assessment. **Complete Sit-up.** A complete sit-up is accomplished when the upper torso of the member is raised off the floor/mat, the elbows touch the knees or thighs, and the upper torso is lowered back to the floor/mat until the shoulder blades touch the floor/mat. Elbows must touch the knees or thighs at the top of the sit-up, and the shoulder blades must touch the floor/mat at the bottom of the sit-up. Any part of your hands/fingers must remain in contact with your shoulders/upper chest at all times. Incorrect sit-ups (e.g., elbows do not touch the knees or thighs at the top of the sit-up, shoulder blades do not touch the floor/mat at the bottom of the sit-up, hands/fingers lift completely off the shoulders/upper chest, etc.) will not

be counted and the cadet counting will RESTATE THE LAST "GOOD NUMBER" until the competitor properly performs the movement.

- **6. STANDING LONG JUMP.** There will be no running start. CLEATS ARE NOT ALLOWED. The distance measured is between the starting line and the closest body part of the jumper to the starting line.
- **7. 4X100 RELAY.** The lead runner will start with a relay baton, handing off the baton to follow-on runners. Each runner will cover approximately 100 yds, with lower times garnering higher points totals. Shoes ARE required. CADETS WILL NOT WEAR SPECIALTY RUNNING/TRACK CLEATS.

SECTION 13 – KNOCK-OUT DRILL PHASE

The Knock-out Drill Phase will be conducted after all other events are complete and competition results are being tabulated. This competition is designed to be fun and build spirit amongst the competitors. A series of stationary drill movements will be given and cadets will be eliminated until there are top 3 finishers and 1 champion. All judges' decisions are final and may not be questioned. Once a competitor is "knocked out" they are to leave the formation immediately. Any cadet who argues, complains, or otherwise does not comply with these instructions, may be cause for their entire team/school being eliminated from the competition. All of the rules and expectations will be explained prior to the start of the competition along with an opportunity for cadets to ask questions. A sample of drill commands will also be given prior to the start of the competitions to allow cadets the chance to get accustomed to the drill sergeant's voice. This competition phase is FREE and has no bearing on the overall outcome of the competition standings. The top three finishers will receive medals.

3rd Annual Cougar Nation Classic Drill Competition Entry Form



Make Checks payable to: Cooper HS AFJROTC. All Drill Entry Fees must be received by the day of the competition. This form must be mailed, faxed, or E-mailed back to us by 22 February 2019.

School		
Point-of-Contact		_
Phone/E-mail		
Anticipated	Arrival	Time

Team	Cost	Will your school enter a team in this phase (yes or no)	\$ Total
Inspection	\$35		
Unarmed Regulation Drill	\$35		
Unarmed Exhibition Drill	\$35		
Armed Regulation Drill	\$35		
Armed Exhibition Drill	\$35		
Male Color Guard	\$35		
Female/Co-Ed Color Guard	\$35		
Saber/Sword Regulation Drill	\$35		
1st Year Regulation Drill	\$35		
Male PT	\$35		
Female PT	\$35		
		*Total	

^{*}If a school enters a team in every category, their total due will be reduced to \$350.00. In other words, enter 10 teams and get 1 free!

Contact Info:

Address: Cooper High School, TX-794 AFJROTC, 3639 Sayles Blvd, Abilene, Texas 79605

Email: ronald.deos@abileneisd.org *Phone*: 325-864-7591 ext 8382

3rd Annual Cougar Nation Classic Drill Competition

PHYSICAL TRAINING COMPETITION PERMISSION and STATEMENT OF WAIVER

1,, the Parent/G	Guardian of,
Printed name of Parent/Guardian	Printed name of cadet
hereby grant permission for my son or daug	hter to participate in the Physical Training
Competition portion of the Cougar Nation Classic	c Drill Competition on 2 March 2019, at Cooper
High School in Abilene, Texas. I release the Un	ited States Air Force, the Abilene Independent
School District, Cooper High School, its staff an	d faculty, the TX-794 AFJROTC Department,
the AFJROTC instructors, those involved in the	• • • • • • • • • • • • • • • • • • • •
and sponsors of the above, of any liability for any	injury sustained by my son or daughter during
this drill meet.	
Signature of Cadet Competitor	Date
Signature of Parent / Guardian	Date
-	- <u></u> -
Signature of JROTC Instructor	Date

NOTE: This form must be completed and turned in before a cadet is allowed to participate in the PHYSICAL TRAINING COMPETITION.

3rd Annual Cougar Nation Classic Drill Competition

Bus Entrance

- Drop off Point/Check-in Station
- Staging Area (North Cafeteria)

2.

Color Guard Area (South Cafeteria)

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- Unarmed Drill Area (Main Gym)
- Armed Drill Area (Auxiliary Gym)

5 4

Inspection Area (Band Hall)

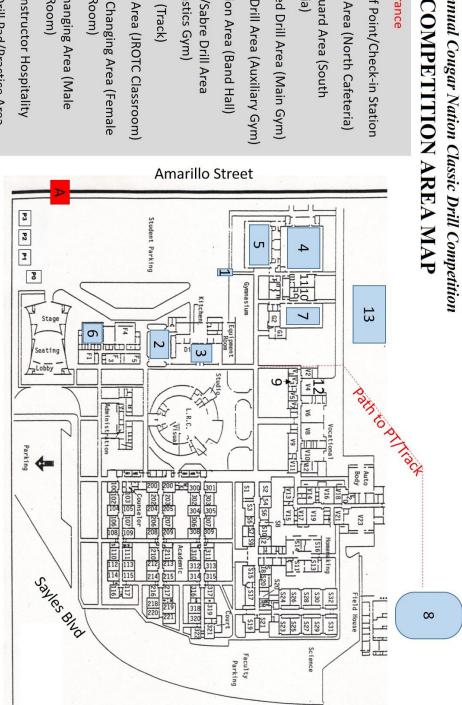
1st Year/Sabre Drill Area

6

PT Area (Track) (Gymnastics Gym)

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- Scoring Area (JROTC Classroom)
- 10. Female Changing Area (Female Locker Room)
- Male Changing Area (Male Locker Room)
- 12. Judge/Instructor Hospitality
- 13. JROTC Drill Pad/Practice Area



Cougar Nation Classic Drill Competition

INSPECTION PHASE SCORE SHEET (HEAD JUDGE)

School/Team:		Judge:
Commander Inspection (10 pts each)	Score	Commander Actions: (10 pts Each)
1. Bearing		1. Voice
2. Headgear		2. Bearing
3. Hair		3. Positioning
4. Shave/Makeup		4. Correct Inspection Procedures
5. Rank		(Include entry and exit, open ranks and close ranks, report in and report out)
6. Nametag		Total Common London Comm Comm
7. Ribbons		Total Commander Actions Score
8. Patches		
9. Buttons		Penalties

Penalties	
1. Missing 1 cadet – 25 pts	
2. Missing 2 cadets – 50 pts	
3. Not in Service Dress – 50 pts	
Total Penalties	6

Score

Score

First Element Inspection (10 pts each)					
First Element Leader	Score	Second Cadet	Score	Third Cadet	Score
1. Bearing		1. Bearing		1. Bearing	
2. Headgear		2. Headgear		2. Headgear	
3. Hair		3. Hair		3. Hair	
4. Shave/Makeup		4. Shave/Makeup		4. Shave/Makeup	
5. Rank		5. Rank		5. Rank	
6. Nametag		6. Nametag		6. Nametag	
7. Ribbons		7. Ribbons		7. Ribbons	
8. Patches		8. Patches		8. Patches	
9. Buttons		9. Buttons		9. Buttons	
10. Shirt		10. Shirt		10. Shirt	
11. Trousers/slacks/skirt		11. Trousers/slacks/skirt		11. Trousers/slacks/skirt	
12. Tie/tab/ascot		12. Tie/tab/ascot		12. Tie/tab/ascot	
13. Strings		13. Strings		13. Strings	
14. Footwear		14. Footwear		14. Footwear	
Total First Element Leader Inspection Score	3	Total Second Cadet Inspection Score	4	Total Third Cadet Inspection Score	5

10. Shirt

13. Strings 14. Footwear

12. Tie/neck tab

11. Trousers/slacks/skirt

Total Commander Inspection Score

Cougar Nation Classic Drill Competition

INSPECTION PHASE SCORE SHEET (ASSISTANT JUDGE)

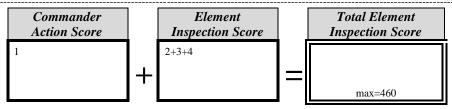
Check the Appropriate Box

Second Element	Thir	rd Element	
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School/Team:	Judge:
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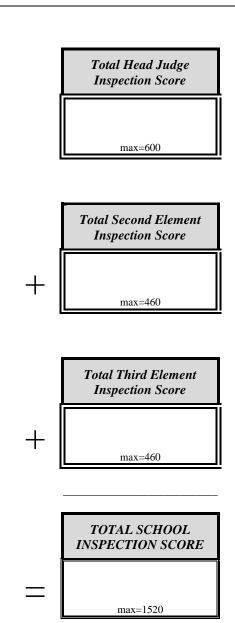
Commander Actions: (10 pts Each)	Score
1. Voice	
2. Bearing	
3. Positioning	
4. Correct Inspection Procedures (Include entry and exit, open ranks and close ranks, report in and report out)	
Total Commander Actions Score	1

Second Element Inspection (10 pts each)					
Element Leader	Score	Second Cadet	Score	Third Cadet	Score
1. Bearing		1. Bearing		1. Bearing	
2. Headgear		2. Headgear		2. Headgear	
3. Hair		3. Hair		3. Hair	
4. Shave/Makeup		4. Shave/Makeup		4. Shave/Makeup	
5. Rank		5. Rank		5. Rank	
6. Nametag		6. Nametag		6. Nametag	
7. Ribbons		7. Ribbons		7. Ribbons	
8. Patches		8. Patches		8. Patches	
9. Buttons		9. Buttons		9. Buttons	
10. Shirt		10. Shirt		10. Shirt	
11. Trousers/slacks/skirt		11. Trousers/slacks/skirt		11. Trousers/slacks/skirt	
12. Tie/tab/ascot		12. Tie/tab/ascot		12. Tie/tab/ascot	
13. Strings		13. Strings		13. Strings	
14. Footwear		14. Footwear		14. Footwear	
Total Second Element Leader Inspection Score	2	Total Second Cadet Inspection Score	3	Total Third Cadet Inspection Score	4



Cougar Nation Classic Drill Competition INSPECTION PHASE SCORE RECAP SHEET

School/Team:



Cougar Nation Classic Drill Competition

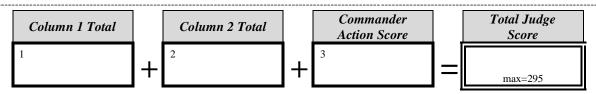
UNARMED REGULATION PHASE SCORE SHEET (HEAD JUDGE)

School/Team:		Judge:	
Zero for omitted items. A 5-second paus	se should be maintained afte	er executing all BOLD UPPERCASE COMMANDS.	
Movement (5 pts each)	Score	Movement (5 pts each)	Score
Team Enters and Reports in	Scored Below	27. To the Rear, March	
Dress Right Dress		27a. Flight Halt	
2. Ready Front		28. Column of Files from the right/Forward March	
3. PARADE REST		28a. Flight Halt	
4. Flight Attention		29. Column of Threes to the Left March	
5. PRESENT ARMS		30. Column Left March/Forward March	
6. Order Arms		31. Double Time, March	
7. COUNT OFF		32. Quick Time March	
8. Right Face		33. Column Left March/Forward March	
9. Close March		34. Close March/Extend March	
10. Extend March		35. Change Step March	
11. Left Face		35a. FLIGHT HALT	
12. Open Ranks March/Ready Front		36. Column Left March/Forward March	
13. Close Ranks March		37. Column ½ Left March	
14. Left Step March		38. Column ½ Left March	
15. FLIGHT HALT		39. To the Rear March	
16. Left Face		40. To the Rear March/Flight Halt	
17. Right Step March (4-step minimum)		41. Forward March/Eyes Right	
17a. Flight Halt		42. Ready Front	
18. Four Steps Forward March		43. Column Left March/Forward March	
19. About Face		44. Column Left March/Forward March	
19a. Forward March		44a. FLIGHT HALT	
20. Column Right March/Forward March	n	45. Forward March	
21. Column Right March/Forward March	n	46. To the Rear March	
22. Column Right March/Forward March	n	47. To the Rear March	
23. Left Flank March		48. Half Step March	
24. Right Flank March		48a. Forward March	
24a. FLIGHT HALT		49. Left Flank March	
25. Column Left March/Forward March		50. Change Step March	
26. To the Rear March		50a. Flight Halt	
		Report Out and Exit	Scored Below
Col	lumn 1 Total	Column 2 Total	2
Commander Actions: (10 pts Each) Score Penals		Penalties	
1. Entrance and Report In	uch) Score	1. Missing 1 cadet – 25 pts	
2. Voice		2. Missing 2 cadets – 50 pts	
		3. Boundary Violations (# x 5)	
3. Bearing 4. Positioning		4. Movement Pause Violations (# x 5)	
5. Report Out and Exit		7. Movement 1 ause violations (# x 5)	
3. Report Out and Exit		Total Penalties	4
Total Lenautes			
Column 1 Total Column	n / l'otal	mander Total Penalties Total Head Judge Score	
+ 2	+ 3	- 4 — ma	x=295

UNARMED REGULATION PHASE SCORE SHEET (ASSISTANT JUDGE)

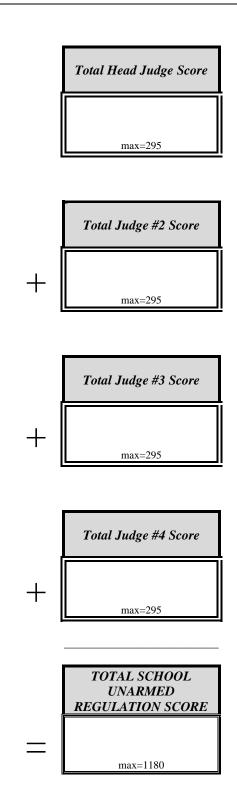
School/Team:		Judge:		
Zero for omitted items. A 5-second pause should be maintained after executing all BOLD UPPERCASE COMMANDS.				
Movement (5 pts each)	Score Movement (5 pts each)		Score	
Team Enters and Reports in	Scored Below	27. To the Rear, March		
1. Dress Right Dress		27a. Flight Halt		
2. Ready Front		28. Column of Files from the right/Forward March		
3. PARADE REST		28a. Flight Halt		
4. Flight Attention		29. Column of Threes to the Left March		
5. PRESENT ARMS		30. Column Left March/Forward March		
6. Order Arms		31. Double Time, March		
7. COUNT OFF		32. Quick Time March		
8. Right Face		33. Column Left March/Forward March		
9. Close March		34. Close March/Extend March		
10. Extend March		35. Change Step March		
11. Left Face		35a. FLIGHT HALT		
12. Open Ranks March/Ready Front		36. Column Left March/Forward March		
13. Close Ranks March		37. Column ½ Left March		
14. Left Step March		38. Column ½ Left March		
15. FLIGHT HALT		39. To the Rear March		
16. Left Face		40. To the Rear March/Flight Halt		
17. Right Step March (4-step minimum)		41. Forward March/Eyes Right		
17a. Flight Halt		42. Ready Front		
18. Four Steps Forward March		43. Column Left March/Forward March		
19. About Face		44. Column Left March/Forward March		
19a. Forward March		44a. FLIGHT HALT		
20. Column Right March/Forward March		45. Forward March		
21. Column Right March/Forward March		46. To the Rear March		
22. Column Right March/Forward March		47. To the Rear March		
23. Left Flank March		48. Half Step March		
24. Right Flank March		48a. Forward March		
24a. FLIGHT HALT		49. Left Flank March		
25. Column Left March/Forward March		50. Change Step March		
26. To the Rear March		50a. Flight Halt		
		Report Out and Exit	Scored Below	
Column 1 Total	1	Column 2 Total	2	
Command	ler Actions: (1	10 pts Each) Score		

Commander Actions: (10 pts Each)	Score
1. Entrance and Report In	
2. Voice	
3. Bearing	
4. Positioning	
5. Report Out and Exit	
	3



UNARMED REGULATION PHASE SCORE RECAP SHEET

School/Team:



UNARMED EXHIBITION PHASE SCORE SHEET (HEAD JUDGE)

	Ţ			
School/Team:		Judge:		
	Graded Area (10 pts each)			Score
	1. REPORT IN Verbal report in; all movements to enter floor & report in to HJ			
	2. REPORT OUT Verbal report out; all movements to report out to HJ & exit floor			
	3. Team/Cadet APPEARANCE Uniform / overall preparation & preser	ntation		
	4. Routine FLOOR USE Meaningful use of the entire drill floor	r		
	5. Team/Cadet BEARING Body & facial control, military carriag	ge		
	6. Routine MARCHING Dress, alignment and marching profici	iency		
	7. Routine VARIETY Diversity of movements to display over	erall excellence		
	8. Routine DIFFICULTY Routine as presented required MUCH	PRACTICE!		
	9. Routine PRECISION Exacting, flawless & meticulous mane	euvers – "anti-s	loppy"	
	10. Routine SHOWMANSHIP Flair, style and "wow factor" that turns heads / rivets watchers			
	11. Routine COMPOSITION & FLOW Routine is unique & well-constructed w/fitting transitions			
	12. OVERALL IMPRESSION Subjective score of entire routine as pr	resented		
	13. MILITARY Flavor Routine proudly befits a military competition			
	Routine Total			
	Penalties]
	1. Missing 1 cadet – 25 pts			1
	2. Missing 2 cadets – 50 pts			1
	3. Boundary Violations (# x 5)			Actual Time
	4. Time Violation (Seconds over/und	ler time)		
	Too	tal Penalties	2	
	Routine Total Total	l Penalties		Head Judge Score
	1 2			
	1 1 1			

Cougar Nation Classic Drill Competition UNARMED EXHIBITION PHASE SCORE SHEET (ASSISTANT JUDGE)

School/Team:	Judge:
School Team.	ouuge.

Graded Area (10 pts each)	Score
1. REPORT IN Verbal report in; all movements to enter floor & report in to HJ	
2. REPORT OUT Verbal report out; all movements to report out to HJ & exit floor	
3. Team/Cadet APPEARANCE Uniform / overall preparation & presentation	
4. Routine FLOOR USE Meaningful use of the entire drill floor	
5. Team/Cadet BEARING Body & facial control, military carriage	
6. Routine MARCHING Dress, alignment and marching proficiency	
7. Routine VARIETY Diversity of movements to display overall excellence	
8. Routine DIFFICULTY Routine as presented required MUCH PRACTICE!	
9. Routine PRECISION Exacting, flawless & meticulous maneuvers – "anti-sloppy"	
10. Routine SHOWMANSHIP Flair, style and "wow factor" that turns heads / rivets watchers	
11. Routine COMPOSITION & FLOW Routine is unique & well-constructed w/fitting transitions	
12. OVERALL IMPRESSION Subjective score of entire routine as presented	
13. MILITARY Flavor Routine proudly befits a military competition	
Routine Total	1

Total Judge Score max=130

UNARMED EXHIBITION PHASE SCORE RECAP SHEET

School/Team: Total Head Judge Score max=130 Total Judge #2 Score max=130 Total Judge #3 Score max=130 Total Judge #4 Score max=130 TOTAL SCHOOL **UNARMED EXHIBITION SCORE**

ARMED REGULATION PHASE SCORE SHEET (HEAD JUDGE)

Judge:

Movement (5 pts each)	Score	Movement (5 pts each)	Score		
Team Enters and Reports in	Scored Below	25. Column Left March/Forward March			
1. Inspection Arms		26. To the Rear March			
2. Ready, Port Arms (or Port Arms)		27. To the Rear March			
3. Order Arms		27a. Flight Halt			
4. Dress Right Dress		28. Port Arms			
5. Ready Front		29. Column of Files from the Right, Forward March			
6. PARADE REST		29a. Flight Halt			
7. Flight, Attention		30. Column of Threes to the Left, March			
8. 15-Count Manual Arms**		31. Column Left March/Forward March			
9. Right, Face/Count, Off		32. Double Time March			
10. Close March		33. Quick Time March			
11. Extend March/Left Face		34. Column Left March/Forward March			
12. Open Ranks March (Ready Front)		35. Right Shoulder Arms			
13. Close Ranks March		35a. FLIGHT HALT			
14. Left Step March		36. Column Left March/Forward March			
15. FLIGHT HALT		37. Column 1/2 Left March			
16. Left Face		38. Column 1/2 Left March			
17. Right Step March		39. To the Rear March			
17a. Flight Halt		40. To the Rear March/Flight Halt			
18. About Face		41. Forward March/Eyes Right			
19. Right Shoulder Arms		42. Ready Front			
19a. Forward March		43. Column Left March/Forward March			
20. Column Right March/Forward March		44. Left Shoulder Arms			
21. Column Right March/Forward March		45. Column Left March/Forward March			
22. Column Right March/Forward March		46. Change Step March			
23. Left Flank March		47. Left Flank March			
24. Right Flank March		47a. Flight Halt			
24a. FLIGHT HALT		Report Out and Exit	Scored Bel		
Column 1 Total	1	Column 2 Total			
*consists of: order, right shoulder, left shoulder, present	, order arms (U	S Army TC 3-21.5, pg.4-10)			
Commander Actions: (10 pts Each)	Score	Penalties			
1. Entrance and Report In		1. Missing 1 cadet – 25 pts			
2. Voice		2. Missing 2 cadets – 50 pts			
3. Bearing		3. Boundary Violations (# x 5)			
4. Positioning		4. Movement Pause Violations (# x 5)			
5. Report Out and Exit					
	3	Total Penaltic	es 4		
Column 1 Total Column 2 Total	Comi	mander Total Penalties Total	Head Judg		

School/Team:

ARMED REGULATION PHASE SCORE SHEET (ASSISTANT JUDGE)

Judge:

Movement (5 pts each)	Score	Movement (5 pts each)	Score
Team Enters and Reports in	Scored Below	25. Column Left March/Forward March	
1. Inspection Arms		26. To the Rear March	
2. Ready, Port Arms (or Port Arms)		27. To the Rear March	
3. Order Arms		27a. Flight Halt	
4. Dress Right Dress		28. Port Arms	
5. Ready Front		29. Column of Files from the Right, Forward March	
6. PARADE REST		29a. Flight Halt	
7. Flight, Attention		30. Column of Threes to the Left, March	
8. 15-Count Manual Arms**		31. Column Left March/Forward March	
9. Right, Face/Count, Off		32. Double Time March	
10. Close March		33. Quick Time March	
11. Extend March/Left Face		34. Column Left March/Forward March	
12. Open Ranks March (Ready Front)		35. Right Shoulder Arms	
13. Close Ranks March		35a. FLIGHT HALT	
14. Left Step March		36. Column Left March/Forward March	
15. FLIGHT HALT		37. Column 1/2 Left March	
16. Left Face		38. Column 1/2 Left March	
17. Right Step March		39. To the Rear March	
17a. Flight Halt		40. To the Rear March/Flight Halt	
18. About Face		41. Forward March/Eyes Right	
19. Right Shoulder Arms		42. Ready Front	
19a. Forward March		43. Column Left March/Forward March	
20. Column Right March/Forward March		44. Left Shoulder Arms	

Column 1 Total

Commander Actions: (10 pts Each)	Score
1. Entrance and Report In	
2. Voice	
3. Bearing	
4. Positioning	
5. Report Out and Exit	
	3

45. Column Left March/Forward March

Scored Below

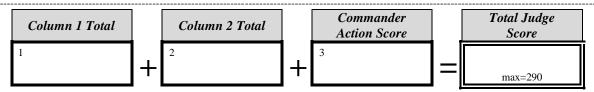
Column 2 Total

46. Change Step March

47. Left Flank March

Report Out and Exit

47a. Flight Halt



School/Team:

21. Column Right March/Forward March

22. Column Right March/Forward March

23. Left Flank March

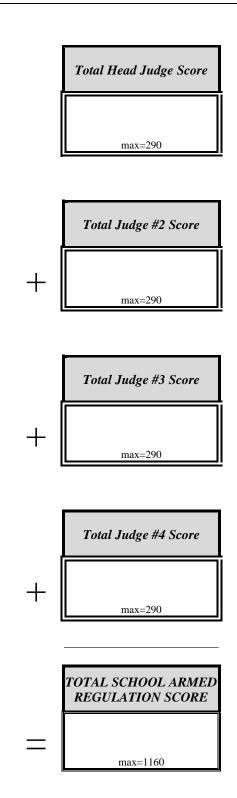
24. Right Flank March

24a. FLIGHT HALT

^{**}consists of: order, right shoulder, left shoulder, present, order arms (US Army TC 3-21.5, pg.4-10)

ARMED REGULATION PHASE SCORE RECAP SHEET

School/Team:



ARMED EXHIBITION PHASE SCORE SHEET (HEAD JUDGE)

School/Team:		Judge:		
		Juago.		
	1. REPORT IN & REPORT OUT Verbal report in/out; all movements to enter/exit floor			
	2. Team/Cadet APPEARANCE Uniform / overall preparation & presentation			
	3. Routine COMPOSITION & FLO Routine is unique & well constructed		itions	
	4. OVERALL IMPRESSION Subjective score of entire routine as pr	resented		
	5. Team/Cadet BEARING Body & facial control, military carriag	ge		
	6. Routine MARCHING Dress, alignment & marching proficiency	y; use of drill flo	oor	
	7. Routine VARIETY Diversity of movements to display over	erall excellenc	e	
	8. Routine PRECISION Exacting, flawless & meticulous mane	euvers – "anti-	-sloppy"	
	9. Routine SHOWMANSHIP Flair, style and "wow factor" that turns h	eads / rivets wa	atchers	
	10. Handling of the WEAPON Weapon maneuvers & manipulation look skilled & effortless			
	11. Routine DIFFICULTY (Floor) Cadence changes, interweaving and other difficult marching			
	12. Routine DIFFICULTY (Aerial) Rifle spins, tosses and throws that leave the hand			
	13. MILITARY Flavor Routine proudly befits a military competition			
		R	outine Total	1
	Penalties			
-	1. Missing 1 cadet – 25 pts			
	2. Missing 2 cadets – 50 pts			
	3. Dropped Rifle (# x 5)			
_	4. Boundary Violations (# x 5)			Actual Time
4	5. Time Violation (Seconds over/un	der time) tal Penalties	2	
	10	iai 1 enailles		J
	Routine Total Total	! Penalties	Total	Head Judge Score
	1 2			

ARMED EXHIBITION PHASE SCORE SHEET (ASSISTANT JUDGE)

Graded Area (10 pts each)	Score
1. REPORT IN & REPORT OUT Verbal report in/out; all movements to enter/exit floor	
2. Team/Cadet APPEARANCE Uniform / overall preparation & presentation	
3. Routine COMPOSITION & FLOW Routine is unique & well constructed w/fitting transitions	
4. OVERALL IMPRESSION Subjective score of entire routine as presented	
5. Team/Cadet BEARING Body & facial control, military carriage	
6. Routine MARCHING Dress, alignment & marching proficiency; use of drill floor	
7. Routine VARIETY Diversity of movements to display overall excellence	
8. Routine PRECISION Exacting, flawless & meticulous maneuvers – "anti-sloppy"	
9. Routine SHOWMANSHIP Flair, style and "wow factor" that turns heads / rivets watchers	
10. Handling of the WEAPON Weapon maneuvers & manipulation look skilled & effortless	
11. Routine DIFFICULTY (Floor) Cadence changes, interweaving and other difficult marching	
12. Routine DIFFICULTY (Aerial) Rifle spins, tosses and throws that leave the hand	
13. MILITARY Flavor Routine proudly befits a military competition	
Routine Total	1

Total
Judge Score

1
max=130

ARMED EXHIBITION PHASE SCORE RECAP SHEET

School/Team: Total Head Judge Score max=130 Total Judge #2 Score max=130 Total Judge #3 Score max=130 Total Judge #4 Score max=130 TOTAL SCHOOL **ARMED EXHIBITION SCORE**

COLOR GUARD PHASE SCORE SHEET (HEAD JUDGE)

School/Team:	Judge:	
Check the Appropriate Box		

Male Color Guard Female/Co-Ed Color Guard

Zero for omitted items. A 5-second pause should be maintained after executing all BOLD UPPERCASE COMMANDS.				
Movement	Value	Score		
1. Uncase Colors ³	25 pts			
2. Report In ¹	10 pts			
3. Colors Reverse March (forward march)	10 pts			
4. Left Wheel March (forward march)	10 pts			
5. Colors Reverse March (forward march)	10 pts			
6. Color Guard, Halt	10 pts			
7. Order Colors	10 pts			
8. Parade Rest	10 pts			
9. Color Guard, Attention	10 pts			
10. CARRY COLORS	10 pts			
10a. Forward March	10 pts			
11. Right Wheel March (forward march)	10 pts			
12. Right Wheel March (forward march)	10 pts			
13. Colors Reverse March (forward march)	10 pts			
14. Eyes Right	10 pts			
15. Ready Front	10 pts			
16. Left Wheel March (forward march)	10 pts			
17. Left Wheel March (forward march)	10 pts			
18. Left Wheel March (forward march)	10 pts			
18a. COLOR GUARD, HALT	10 pts			
19. Report Out ²	10 pts			
Routine Total 1				

¹ **Report In** - movements needed to enter the drill floor, center the colors on the head judge & verbally report in.

³ Uncase Colors - all of the movements required to correctly uncase the colors (can be done anywhere on the drill floor).

Officase Co	Chease Colors - an of the movements required to correctly thease the colors (can be done anywhere on the trin moor).					
Con	nmander Actions: (10 pts	Each)	Score		Penalties	
1. Voice			1. Boundary Violations (# x 5)			
2. Bearing				2. Movement Pause Violations (# x 5)		
	Command	er Actions Total	2		Total Penalties	3
Routine Total Commander Action Score		Total Penalties	Total Head Judge Score			

² **Report Out** - movements needed to center the colors on the head judge, verbally report out, then leave the floor.

COLOR GUARD PHASE SCORE SHEET (ASSISTANT JUDGE)

School/Team:	Judge:			
Check the Appropriate Box				

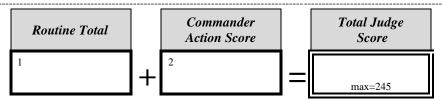
Male Color Guard Female/Co-Ed Color Guard

Zero for omitted items. A 5-second pause should be maintained after executing all BOLD UPPERCASE COMMANDS.				
Movement	Value	Score		
1. Uncase Colors ³	25 pts			
2. Report In ¹	10 pts			
3. Colors Reverse March (forward march)	10 pts			
4. Left Wheel March (forward march)	10 pts			
5. Colors Reverse March (forward march)	10 pts			
6. Color Guard, Halt	10 pts			
7. Order Colors	10 pts			
8. Parade Rest	10 pts			
9. Color Guard, Attention	10 pts			
10. CARRY COLORS	10 pts			
10a. Forward March	10 pts			
11. Right Wheel March (forward march)	10 pts			
12. Right Wheel March (forward march)	10 pts			
13. Colors Reverse March (forward march)	10 pts			
14. Eyes Right	10 pts			
15. Ready Front	10 pts			
16. Left Wheel March (forward march)	10 pts			
17. Left Wheel March (forward march)	10 pts			
18. Left Wheel March (forward march)	10 pts			
18a. COLOR GUARD, HALT	10 pts			
19. Report Out ²	10 pts			
	Routine Total	1		

¹ **Report In** - movements needed to enter the drill floor, center the colors on the head judge & verbally report in.

³ Uncase Colors - all of the movements required to correctly uncase the colors (can be done anywhere on the drill floor).

Commander Actions: (10 pts Each)	Score
1. Voice	
2. Bearing	
Commander Actions Total	2



² **Report Out** - movements needed to center the colors on the head judge, verbally report out, then leave the floor.

Cougar Nation Classic Drill Competition COLOR GUARD PHASE SCORE RECAP SHEET

Team:	
Chec	ck the Appropriate Box
Male Color Guard	Female/Co-Ed Color Guard
	Total Head Judge Score
	max=245
	Total Judge #2 Score
+ [max=245
	Total Judge #3 Score
+ [max=245
	Total Judge #4 Score
+	max=245
	TOTAL SCHOOL COLOR GUARD SCORE

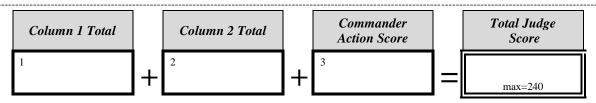
Cougar Nation Classic Drill Competition SABRE/SWORD REGULATION PHASE SCORE SHEET (HEAD JUDGE)

School/Team:		Judge:		
Zero for omitted items. A 5-second pause should be maintained after executing all BOLD UPPERCASE COMMANDS.				
Movement (5 pts each)	Score	Movement (5 pts each) Score		
Team Enters and Reports in	Scored Below	23. Right Flank, March		
1. Draw Sabers		24. To the Rear, March		
2. PRESENT ARMS		25. To the Rear, March		
3. Order, Arms		26. Half Step, March		
4. Ceremonial At Ease		27. Mark Time March		
5. Attention		28. FLIGHT, HALT		
6. Right, Face		29. Center, Face		
7. Forward march		30. Dress Center, Dress		
8. Right Flank, March		31. Ready, Front		
9. Left Flank, March		32. Present Arch		
10. Column right March (Forward march)		33. Order Arch		
11. To the Rear, March		34. Ready, Face		
12. To the Rear, March		35. Forward, March		
13. Change Step, March		36. Column Right, March (Forward march)		
14. Column Right march (Forward march)		37. Flight, Halt		
15. Eyes, Right		38. Left, Face		
16. Ready, Front		39. Right Step, March		
17. FLIGHT, HALT		40. Flight, Halt		
18. Parade, Rest		41. Present Arms		
19. Flight, Attention		42. Order Arms		
20. Forward, March		43. Return Sabers		
21. Column right march (Forward march)		Report Out and Exit Scored Below		
22. Left Flank, March				
Column 1 Total	l	Column 2 Total ²		
Commander Actions: (10 pts Each)	Score	Penalties		
1. Entrance and Report In		1. Missing 1 cadet – 25 pts		
2. Voice		2. Missing 2 cadets – 50 pts		
3. Bearing		3. Boundary Violations (# x 5)		
4. Positioning		4. Movement Pause Violations (# x 5)		
5. Report Out and Exit				
3	3	Total Penalties 4		
Column 1 Total	Actio	Total Penalties Total Head Judge Score Total Mead Judge Score amax=240		

SABRE/SWORD REGULATION PHASE SCORE SHEET (ASSISTANT JUDGE)

School/Team:		Judge:		
Zero for omitted items. A 5-second pause should be ma	Zero for omitted items. A 5-second pause should be maintained after executing all BOLD UPPERCASE COMMANDS.			
Movement (5 pts each)	Score	Movement (5 pts each)	Score	
Team Enters and Reports in	Scored Below	23. Right Flank, March		
1. Draw Sabers		24. To the Rear, March		
2. PRESENT ARMS		25. To the Rear, March		
3. Order, Arms		26. Half Step, March		
4. Ceremonial At Ease		27. Mark Time March		
5. Attention		28. FLIGHT, HALT		
6. Right, Face		29. Center, Face		
7. Forward march		30. Dress Center, Dress		
8. Right Flank, March		31. Ready, Front		
9. Left Flank, March		32. Present Arch		
10. Column right March (Forward march)		33. Order Arch		
11. To the Rear, March		34. Ready, Face		
12. To the Rear, March		35. Forward, March		
13. Change Step, March		36. Column Right, March (Forward march)		
14. Column Right march (Forward march)		37. Flight, Halt		
15. Eyes, Right		38. Left, Face		
16. Ready, Front		39. Right Step, March		
17. FLIGHT, HALT		40. Flight, Halt		
18. Parade, Rest		41. Present Arms		
19. Flight, Attention		42. Order Arms		
20. Forward, March		43. Return Sabers		
21. Column right march (Forward march)		Report Out and Exit	Scored Below	
22. Left Flank, March				
Column 1 Total	1	Column 2 Total	2	
Comman	der Actions: ((10 pts Each) Score		
1 E-4	D			

Commander Actions: (10 pts Each)	Score
1. Entrance and Report In	
2. Voice	
3. Bearing	
4. Positioning	
5. Report Out and Exit	
	3



SABRE/SWORD REGULATION PHASE SCORE RECAP SHEET

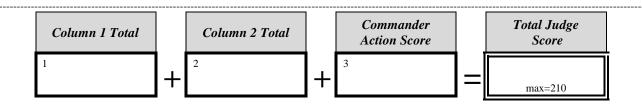
School/Team: Total Head Judge Score max=240 Total Judge #2 Score max=240 Total Judge #3 Score max=240 Total Judge #4 Score max=240 TOTAL SCHOOL SABRE/SWORD REGULATION SCORE

FIRST YEAR REGULATION PHASE SCORE SHEET (HEAD JUDGE)

School/Team: Judge:						
Zero for omitted items. A 5-second pause should be maintained after executing all BOLD UPPERCASE COMMANDS.						
Movement (5 pts each)	Score	Movement (5 pts each)	Score			
Team Enters and Reports in	Scored Below	18. Forward March				
1. Order Arms		19. To the Rear March				
2. Parade Rest		20. To the Rear March				
3. Attention		21. Column Right March				
4. OPEN RANKS MARCH		22. Forward March				
5. Ready Front		23. Eyes Right				
6. Close Ranks March		24. Ready Front				
7. Present Arms		25. Column Right March				
8. Order Arms		26. Forward March				
9. Parade Rest		27. Change Step March				
10. Attention		28. Column Right March				
11. Left Face		29. Forward March				
12. ABOUT FACE		30. FLIGHT HALT				
13. Forward March		31. Left Face				
14. Right Flank March		32. Right Step March				
15. Left Flank March		33. Flight Halt				
16. Column Right March		Report Out and Exit	Scored Below			
Column 1 Total	1	Column 2 Total	2			
Commander Actions: (10 pts Each)	Score	Penalties				
1. Entrance and Report In		1. Missing 1 cadet – 25 pts	1			
2. Voice		2. Missing 2 cadets – 50 pts				
3. Bearing		3. Boundary Violations (# x 5)				
4. Positioning		4. Movement Pause Violations (# x 5)				
5. Report Out and Exit						
	3	Total Penalties	4			
Column 1 Total Column 2 Total		Ι οται Ρουαίπος	ead Judge core			
+ 2 -	+ 3	- 4 = max	x=210			

FIRST YEAR REGULATION PHASE SCORE SHEET (ASSISTANT JUDGE)

School/Team:		Judge:				
Zero for omitted items. A 5-second pause should be maintained after executing all BOLD UPPERCASE COMMANDS.						
Movement (5 pts each)	Score	Movement (5 pts each)			Score	
Team Enters and Reports in	Scored Below	18. Forward March	18. Forward March			
1. Order Arms		19. To the Rear Ma	ırch			
2. Parade Rest		20. To the Rear Ma	ırch			
3. Attention		21. Column Right N	March			
4. OPEN RANKS MARCH		22. Forward March	l			
5. Ready Front		23. Eyes Right				
6. Close Ranks March		24. Ready Front				
7. Present Arms		25. Column Right N	March			
8. Order Arms		26. Forward March	ı			
9. Parade Rest		27. Change Step M	arch			
10. Attention		28. Column Right N	28. Column Right March			
11. Left Face		29. Forward March	l			
12. ABOUT FACE		30. FLIGHT HAL	T			
13. Forward March		31. Left Face				
14. Right Flank March		32. Right Step Mare	ch			
15. Left Flank March		33. Flight Halt				
16. Column Right March		Report Out and Ex	xit		Scored Below	
Column	1 Total			Column 2 Total	2	
 Entran Voice Bearin Positio 	ning	(10 pts Each)	Score			
5. Report	Out and Exit					



Cougar Nation Classic Drill Competition FIRST YEAR REGULATION PHASE SCORE RECAP SHEET

School/Team:		
		Total Head Judge Score
		max=210
		Total Judge #2 Score
		Ů
	+	
	1	max=210
		Total Judge #3 Score
	+	
	•	max=210
		Total Judge #4 Score
	+	
	'	max=210
		TOTAL SCHOOL FIRST
		YEAR REGULATION
		SCORE
	_	

Cougar Nation Classic Drill Competition MALE PT PHASE SCORE SHEET

School/Team:		Judge:						
Push-Ups								
0-9: zero points; > 9: 1 point for		Number	Points					
Cadet 1:	_							
Cadet 2:					Team			
Cadet 3:					Push-up			
Cadet 4:					Score			
	Total Team Pu	ısh-up Points		x .25	1			
	Sit	-Ups						
0 – 29: zero points; > 29: 1 point			Points					
Cadet 1:								
Cadet 2:					Team			
Cadet 3:				Sit-up				
Cadet 4:					Score			
	Total Team	Sit-up Points		x .25	2			
Standing Long Jump								
	Standing	Long Jump						
0 – 36 inches: zero points; > 36: 1			Points					
0-36 inches: zero points; > 36: 1 Cadet 1:			Points					
•			Points		Team			
Cadet 1:			Points		Team Long Jump			
Cadet 1: Cadet 2:			Points					
Cadet 1: Cadet 2: Cadet 3:	point for each in		Points	x .25	Long Jump			
Cadet 1: Cadet 2: Cadet 3:	point for each in	n Long Jump Points	Points		Long Jump Score			
Cadet 1: Cadet 2: Cadet 3: Cadet 4:	Total Tean	n Long Jump Points		.25	Long Jump Score			
Cadet 1: Cadet 2: Cadet 3: Cadet 4:	point for each in	n Long Jump Points O Relay of for 39.0 sec to		.25 ove 1:0'	Long Jump Score			
Cadet 1: Cadet 2: Cadet 3: Cadet 4: Relay: Point sc	Total Tean	n Long Jump Points O Relay of for 39.0 sec to	o 25 for abo	.25 ove 1:0'	Long Jump Score 3			
Cadet 1: Cadet 2: Cadet 3: Cadet 4: Relay: Point sc	Total Tean	n Long Jump Points O Relay of for 39.0 sec to	o 25 for abo	.25 ove 1:0'	Long Jump Score 3			
Cadet 1: Cadet 2: Cadet 3: Cadet 4: Relay: Point sc	Total Team 4x100 ale goes from 125	n Long Jump Points O Relay of for 39.0 sec to	o 25 for abo	.25 ove 1:0' hart):	Long Jump Score 3			
Cadet 1: Cadet 2: Cadet 3: Cadet 4: Relay: Point scanners Relay Time: Team Push-up Team Sit-up	Total Team 4x100 ale goes from 125	n Long Jump Points O Relay of for 39.0 sec to	o 25 for about the contract of	.25 ove 1:0' hart):	Long Jump Score 7.0 4 Total Team Male PT			

Cougar Nation Classic Drill Competition MALE PT PHASE SCORE SHEET

School/Team:		Judge:						
Push-Ups								
0-9: zero points; > 9: 1 point for		Number	Points					
Cadet 1:								
Cadet 2:					Team			
Cadet 3:					Push-up			
Cadet 4:					Score			
	Total Team P	Push-up Points		x .25	1			
	Si	it-Ups						
0-29: zero points; > 29: 1 point			Points					
Cadet 1:								
Cadet 2:				Team				
Cadet 3:				Sit-up				
Cadet 4:					Score			
	Total Tean	Sit-up Points		x .25	2			
Standing Long Jump								
0 – 36 inches: zero points; > 36: 1 point for each inch Number Points								
Cadet 1:								
Cadet 2:				Team				
Cadet 3:				Long Jump				
Cadet 4:					Score			
	Total Tea	m Long Jump Points		x .25	3			
	4 14	0.0 To 1						
Ax100 Relay Relay: Point scale goes from 125 for 39.0 sec to 25 for above 1:07.0								
Relay Time: Points (See Chart):								
		_						
Team Push-up Score Team Sit-up Score		Long-Jump Score	Team Re Score		Total Team Male PT Score			
+ 2	+ 3	+	4					